

Archery

Name: _____

General Archery Information and Safety

Archery has been around for more than 12,000 years. Primitive cave drawings dating back to pre recorded history have been found showing the use of the bow and arrow. Native Americans used the bow and arrow for hunting and recreation. Native Americans took great pride in their equipment and often decorated their arrows with distinct marking to show ownership. Archery, as a sport become popular in the United States in the late 1800s. Archery is an Olympic event for both men and women.

The Genesis compound bow is designed to have an arrow nocked when the string is released from the drawn position. Failure to have a nocked arrow when the string is released is known as a Dry-Fire. A dry-fire can result in injury to the archer or bystanders. It could also cause damage to the bow itself.

An arrow that is being nocked onto the bow string should have the point directed down the range towards the target. Arrows not in the process of being nocked onto the bow string should be kept in a quiver. A quiver is an apparatus that is designed to hold arrows. There are many different types of quivers including a floor quiver, hip quiver, or back quiver.

A string bow is not a toy & should not be used for any purpose other than practicing the 11 steps of archery. A string bow should not be shared because its length is unique to the original shooter.

Prior to the start of class all of the archery equipment is examined carefully by the instructor(s). If your bow, or arrows become damaged at any time during the class inform the instructor immediately. An arrow missing a vein or flething can still be safely fired. All other damage to an arrow could cause irregular flight patterns, and result in further damage or injury.

Prior to learning how to shoot a bow, an archer should first determine his or her eye dominance. Since accuracy in archery is critical to success, correct eye dominance needs to be figured out to give the archer the greatest chance at success. In archery class we use what is called the Aperture method of determining someone's eye dominance. Whether a person is right handed or left handed should have little to do with which way an archer should shoot.