

GRADE 6 – Comprehensive Health Education Unit 3

Mission Statement

The primary goal of the Swedesboro-Woolwich School District is to prepare each student with the real life skills needed to compete in a highly competitive global economy. This will be achieved by providing a comprehensive curriculum, the integration of technology, and the professional services of a competent and dedicated faculty, administration, and support staff.

Guiding this mission will be Federal mandates, including No Child Left Behind, the New Jersey Core Curriculum Content Standards, and local initiatives addressing the individual needs of our students as determined by the Board of Education. The diverse resources of the school district, which includes a caring PTO and active adult community, contribute to a quality school system. They serve an integral role in supporting positive learning experiences that motivate, challenge and inspire children to learn.

Unit/Module Overview

Many students cannot recognize the parts of the body. They could give it one generalized name (sometimes slang term) and that's it. This unit will help students recognize the different parts of their reproductive system and their functions. They will also learn about the physical, mental/emotional, and social changes they are going through or will be going through in the future. Students will recognize these changes are normal and the majority of people experience them. They will also understand that puberty happens at different times for everyone.

In unit 3, students will engage with content regarding:

- Changes males go through during puberty
- Changes females go through during puberty
- Proper terminology for genitalia
- Changes during puberty are not only physical
- Process of menstruation
- Males produce sperm and Females produce an egg.
- We inherit characteristics from ancestor's gene pool.
- Stages of the life cycle

Standards Covered in Current Unit/Module

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Related Standards	Learning Goals
HE.6-8.2.1.8.PP.1	Describe pregnancy testing, the signs of pregnancy, and pregnancy options, including parenting, abortion, and adoption.
HE.6-8.2.1.8.PP.2	Summarize the stages of pregnancy from fertilization to birth.
HE.6-8.2.1.8.PP.3	Identify prenatal practices that support a healthy pregnancy and identify where to find medically accurate sources of information about prenatal care.
HE.6-8.2.1.8.PGD.1	Explain how appropriate health care can promote personal health.
HE.6-8.2.1.8.PGD.2	Analyze how genetics and family history can impact personal health.
HE.6-8.2.1.8.PGD.3	Describe the human reproductive systems, the external and internal body parts and their functions, and the natural variations that exist in human bodies.
HE.6-8.2.1.8.PGD.4	Analyze the relationship between healthy behaviors and personal health.
HE.6-8.2.1.8.SSH.1	Differentiate between gender identity, gender expression and sexual orientation.

Unit/Module Weekly Learning Activities and Pacing Guide			
Topic & # Days	NJ Standards	Critical Knowledge & Skills	Possible Resources & Activities
Starting in September 4 Weeks	See above	Obj. We are learning to: <ul style="list-style-type: none"> Recognize changes during puberty for female, male or both. Recognize body parts of each gender Label body parts Explain how to care for the body Recognize which stage of the life cycle someone is 	Topic Body Systems Cardiovascular System Teacher's Guide Handout: Parts of the Heart

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		<p>Essential Questions:</p> <ul style="list-style-type: none"> • In which ways have your body changed in the last few years and what are the purpose of change? • Why is it important to know the parts and functions of the male and female reproductive system? • Why is it important to develop goals during different stages of your life? • Why do you think the teen years are not a good time for becoming a parent? • What traits did you inherit from you parents? <p>Suggested Formative Assessment(s):</p> <ul style="list-style-type: none"> • Completion of writing assignments and written test • Completion of teacher created assessment • Successful completion of skill/content sheets • Homework assignments with Google Classroom • Notebook Participation 	<p>Handout for Teachers: Parts of the Heart Answer Key</p> <p>Quiz</p> <p>Quiz: Answer Key</p> <p>Poster: How The Body Works - Heart (color) (black and white)</p> <p>Poster: How The Body Works - Cardiovascular (color) (black and white)</p> <p>Digestive System</p> <p>Teacher's Guide Quiz</p> <p>Quiz: Answer Key</p> <p>Endocrine System</p> <p>Teacher's Guide</p> <p>Handout: Glands on Strike! Quiz</p> <p>Quiz: Answer Key</p> <p>Female Reproductive System</p> <p>Teacher's Guide</p> <p>Handout: Female Reproductive System</p> <p>Handout: An Egg's Journey Quiz</p> <p>Quiz: Answer Key</p> <p>Immune System</p> <p>Teacher's Guide</p>
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			<p>Handout: Immune System Vocabulary</p> <p>Handout for Teachers: Immune System Vocabulary Answers</p> <p>Handout: Immunity Highway</p> <p>Handout for Teachers: Immunity Highway Answers</p> <p>Quiz</p> <p>Quiz: Answer Key</p> <p>Male Reproductive System</p> <p>Teacher's Guide</p> <p>Handout: Male Reproductive System</p> <p>Handout: Guy Talk Quiz</p> <p>Quiz: Answer Key</p> <p>Infographic: Why Guys Need to Talk About Pain "Down There" (color)</p> <p>Nervous System</p> <p>Teacher's Guide</p> <p>Handout: Brainy ABCs</p> <p>Handout: Brain Map</p> <p>Quiz</p> <p>Quiz: Answer Key</p>
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			<p>Poster: How The Body Works - Brain (color) (black and white)</p> <p>Respiratory System</p> <p>Teacher's Guide</p> <p>Handout: Captain O2 to the Rescue!</p> <p>Quiz</p> <p>Quiz: Answer Key</p> <p>Poster: How The Body Works - Lungs (color) (black and white)</p> <p>Hearing</p> <p>Teacher's Guide</p> <p>Handout: Here's How the Ears Hear</p> <p>Handout for Teachers: Here's How the Ears Hear Answer Key</p> <p>Quiz</p> <p>Quiz: Answer Key</p> <p>Sleep</p> <p>Quiz</p> <p>Quiz: Answer Key</p>
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			<p>Infographic: Kids Can Help Parents Get Healthier (color)</p> <p>Vision</p> <p>Teacher's Guide</p> <p>Handout: Dear Sleepy</p> <p>Handout: Sleep Log</p> <p>Functions and Processes</p> <p>Teacher's Guide Quiz Quiz: Answer Key</p> <p>Poster: How The Body Works - Eye (color) (black and white)</p> <p>Parts of the body</p> <p>Bones, Muscles, and Joints</p> <p>Teacher's Guide Handout: Dem Bones</p> <p>Handout for Teachers: Dem Bones Answer Key</p>
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			Quiz Quiz: Answer Key Poster: How The Body Works - Bones (color) (black and white) Mouth and Teeth Teacher's Guide Quiz Quiz: Answer Key Skin Teacher's Guide Quiz Quiz: Answer Key Infections, Diseases, Conditions Asthma Teacher's Guide Handout: Breaking Bronchial News! Quiz Quiz: Answer Key Colds and Flu
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			<p>Teacher's Guide Handout: Flu Factsheet Quiz Quiz: Answer Key</p> <p>Concussions</p> <p>Teacher's Guide Handout: Concussions Factsheet</p> <p>Handout: Baseline Testing Podcast</p> <p>Quiz</p> <p>Quiz: Answer Key</p> <p>Diabetes</p> <p>Teacher's Guide Handout: Camp Diabetes Handout: Pancreas on Strike Quiz Quiz: Answer Key</p> <p>Eating Disorders</p> <p>Teacher's Guide Handout: Healthy Advertising Quiz</p> <p>Quiz: Answer Key</p> <p>Food Allergies</p> <p>Teacher's Guide Handout: Hidden Ingredients Quiz Quiz: Answer Key</p>
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			<p>HIV and AIDS</p> <p>Teacher's Guide</p> <p>Handout: HIV Awareness T- Shirt</p> <p>Quiz</p> <p>Quiz: Answer Key</p> <p>Obesity</p> <p>Teacher's Guide</p> <p>Handout: Dr. Quackenscam's Diet Plan</p> <p>Quiz</p> <p>Quiz: Answer Key</p> <p>Infographic: Kids Can Help Parents Get Healthier (color)</p> <p>Skin Cancer</p> <p>Teacher's Guide</p> <p>Shining a Light on Tanning Myths (Survey)</p> <p>Quiz</p> <p>Quiz: Answer Key</p> <p>STDs</p>
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			<p>Teacher's Guide Handout: STD Fact Sheet</p> <p>Handout: Parent Letter Handout: STD IQ 1 Handout: STD IQ 1 Answer Key Handout: STD IQ 2 Handout: STD IQ 2 Answer Key Quiz Quiz: Answer Key</p> <p>All information can be obtained Here</p> <p>Activities</p>
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[Link to Additional Components including Cross Curricular Connections, Accommodations, Assessments, Etc](#)

[ELA Enduring Understanding Statements](#)