

Unit 4-Parachute and Scooter Games

Content Area: **Comprehensive Health and Physical Education**
Course(s): **Physical Education K, Physical Education 1, Physical Education 2**
Time Period: **Undefined**
Length: **2-4 weeks 40 minute classes**
Status: **Published**

Unit Overview

Essential Questions

How can the parachute be used in different activities to help enhance student listening and cooperation?

What are the skills necessary to successfully participate in scooter activities?

Content

Understanding of cooperative concepts to successfully participate in a cooperative group activity

Understanding of the basic rules necessary to play a modified scooter game.

Competency in safe movement skills.

Actively participate in a modified activity/game.

Learn a variety of ways to ride the scooter boards while engaging in cardiovascular activities.

Skills

Apply safety skills and concepts.

Understand rules

Demonstrate fine and gross motor skills

Use coordination with objects

Demonstrate time/force/flow

Demonstrate change in movement/tempo

Demonstrate increased competency in safe movement of scooter skills

Develop an understanding of spacing/movement

Assessments

Skill Assessment

Teacher Observation

Lessons/Learning Scenarios

Skill and drill practices

Parachute Games: Dome, Mushroom, Igloo, Mountain of Air, Carousel/ Merry-Go-Round, Hershey Kiss, Star, Popcorn, and Race Track

Scooter Activities: Relays, Obstacles, and Pathways with scooters

Standards

HE.K-2.

Health-enhancing behaviors contribute to wellness.

HE.K-2.

Understanding of fundamental concepts related to effective execution of actions provides the foundation for participation in games, sports, dance, and recreational activities.

HE.K-2.	Appropriate types and amounts of physical activity enhance personal health.
HE.K-2.	Teamwork consists of effective communication and other interactions between team members.
HE.K-2.	Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
HE.K-2.2.5.2.A.1	Explain and perform movement skills with developmentally appropriate control in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HE.K-2.2.5.2.A.2	Demonstrate changes in time, force, and flow while moving in personal and general space at different levels, directions, ranges, and pathways.
HE.K-2.2.5.2.A.3	Respond in movement to changes in tempo, beat, rhythm, or musical style.
HE.K-2.2.5.2.A.4	Correct movement errors in response to feedback.
HE.K-2.2.5.2.C.1	Explain what it means to demonstrate good sportsmanship.
HE.K-2.2.5.2.C.2	Demonstrate basic activity and safety rules and explain how they contribute to moving in a safe environment.
HE.K-2.2.6.2.A.1	Explain the role of regular physical activity in relation to personal health.

Resources
