

Soccer/Football - Unit 2 & 3

Content Area: **Comprehensive Health and Physical Education**
Course(s): **Physical Education 6**
Time Period: **October**
Length:
Status: **Published**

Unit Overview

Essential Questions

Why/What are all positions/ rules on the field important to the game?

What team concepts do these activities include?

Why do I have to show good sportsmanship and follow the rules when others do not?

To what extent does strategy influence performance in competitive games and activities?

What is the proper technique with both games/sports?

Content

Beginner skill 6th

Intermediate skill progression 7th

Advanced skill 8th

Activities skill drills

Ball handling

Team sports and

Large group activities

Lead up games

Skills

Know Rules

Throw/catch to a teammate in a game situation

Demonstrate sportsmanship and safety guidelines

Kick to moving target and to space

Understand concepts and moving to improve performance for specific skills

Use offensive and defensive strategies/position awareness

Assessments

Teacher observation on students participation

Skills test

Throwing

Catching

Place Kicking

Student Self Assessment

Reflect and discuss

Problem Solving

Lessons/Learning Scenarios

Throwing and catching

Punting

Place kicking

Dribbling

Corner kicks

Goal kicks

Throw-ins

Football Game (flag)

Soccer Game

Modified games

Standards

HE.5-6.	Knowing and applying a variety of effective fitness principles over time enhances personal fitness level, performance, and health status.
HE.5-6.	Practicing appropriate and safe behaviors while participating in and viewing games, sports, and other competitive events contributes to enjoyment of the event.
HE.5-6.2.5.6.A.1	Explain and perform movement skills that combine mechanically correct movement in smooth flowing sequences in isolated settings (i.e., skill practice) and applied settings (i.e., games, sports, dance, and recreational activities).
HE.5-6.2.5.6.B.1	Demonstrate the use of offensive, defensive, and cooperative strategies in individual, dual, and team activities.
HE.5-6.2.5.6.B.2	Compare and contrast strategies used to impact individual and team effectiveness and make modifications for improvement.
HE.5-6.2.5.6.C.2	Apply rules and procedures for specific games, sports, and other competitive activities and describe how they enhance participation and safety.

Resources
