

# Unit 9- Leisure

Content Area: **Special Education**  
Course(s):  
Time Period: **Cycle**  
Length: **4 weeks**  
Status: **Published**

## **General Overview, Course Description or Course Philosophy**

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All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.

## **OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS**

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Students will understand that:

- There are activities to engage in when there is not a structured activity.

## **CONTENT AREA STANDARDS**

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HE.3-5.2.2.5.PF.5

Determine how different factors influence personal fitness and other healthy lifestyle choices (e.g., heredity, physical activity, nutrition, sleep, technology).

## **RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)**

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The environment can impact personal health and safety in different ways.

## **STUDENT LEARNING TARGETS**

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Refer to the 'Declarative Knowledge' and 'Procedural Knowledge' sections.

## **Declarative Knowledge**

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Students will know:

- How to appropriately play.

## **Procedural Knowledge**

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Students will be able to:

- Name and engage in an activity for an individually set amount of time.

## **EVIDENCE OF LEARNING**

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Refer to the 'Formative Assessments' and 'Summative Assessments' sections.

## **Formative Assessments**

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Task Analysis (ABA)

## **Summative Assessments**

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Graph showing prompt hierarchy (ABA)

## **RESOURCES (Instructional, Supplemental, Intervention Materials)**

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365 Days of Autism: <http://365daysofautism.com/index.html>

Crosswalk Coding Guide: [https://www.autismspeaks.org/sites/default/files/docs/letter\\_crosswalk.pdf](https://www.autismspeaks.org/sites/default/files/docs/letter_crosswalk.pdf)

The Autism Helper: <http://theautismhelper.com/>

Behavior Toolbox: <http://conductmanagement.com/>

Rainbow resource Feelings cart

Teachers Pay Teachers

The emergency sub-plan checklist

[sunninsped.blogspot.com](http://sunninsped.blogspot.com)

[specialconnections.blogspot.com](http://specialconnections.blogspot.com)

AAC Prompting Hierarchy

AutismClassResources.com

Autism Speaks: <https://www.autismspeaks.org/family-services/resource-library/tools-professionals>

on Instagram- Melissa Toth Finch

Miss Meghan, [https://www.autismspeaks.org/sites/default/files/abilis\\_life\\_curriculum.pdf](https://www.autismspeaks.org/sites/default/files/abilis_life_curriculum.pdf),

APE teacher

OT and PT

## **INTERDISCIPLINARY CONNECTIONS**

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Social Emotional Learning

## **ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS**

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See link to Accommodations & Modifications document in course folder.