

Unit 2- Self Management

Content Area: **Special Education**
Course(s):
Time Period: **Cycle**
Length: **4 weeks**
Status: **Published**

General Overview, Course Description or Course Philosophy

All students will acquire health promotion concepts and skills to support a healthy, active lifestyle.

OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS

Students will understand that:

- Their actions have consequences.

CONTENT AREA STANDARDS

| | |
|-------------------|---|
| HE.K-2.2.1.2.EH.1 | Explain the meaning of character and how it is reflected in the thoughts, feelings and actions of oneself and others. |
| HE.K-2.2.1.2.EH.2 | Identify what it means to be responsible and list personal responsibilities. |
| HE.K-2.2.1.2.EH.3 | Demonstrate self-control in a variety of settings (e.g., classrooms, playgrounds, special programs). |

RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)

| | |
|--------------|---|
| WRK.K-12.P.1 | Act as a responsible and contributing community members and employee. |
| WRK.K-12.P.3 | Consider the environmental, social and economic impacts of decisions. |

STUDENT LEARNING TARGETS

Refer to the 'Declarative Knowledge' and 'Procedural Knowledge' sections.

Declarative Knowledge

Students will know:

- Emotions are related to actions. Students will also know one method of self-regulation that can be utilized in the school setting

Procedural Knowledge

Students will be able to:

- Identify their emotions and react appropriately

EVIDENCE OF LEARNING

Refer to the 'Formative Assessments' and 'Summative Assessments' sections.

Formative Assessments

Task Analysis (ABA)

Summative Assessments

Graph showing prompt hierarchy (ABA)

RESOURCES (Instructional, Supplemental, Intervention Materials)

365 Days of Autism: <http://365daysofautism.com/index.html>

Crosswalk Coding Guide: https://www.autismspeaks.org/sites/default/files/docs/letter_crosswalk.pdf

The Autism Helper: <http://theautismhelper.com/>

Behavior Toolbox: <http://conductmanagement.com/>

Rainbow resource Feelings cart

Teachers Pay Teachers

The emergency sub-plan checklist

sunninsped.blogspot.com

specialedconnections.blogspot.com

AAC Prompting Hierarchy

AutismClassResources.com

Autism Speaks: <https://www.autismspeaks.org/family-services/resource-library/tools-professionals>

on Instagram- Melissa Toth Finch

Miss Meghan, https://www.autismspeaks.org/sites/default/files/abilis_life_curriculum.pdf,

Behaviorist

INTERDISCIPLINARY CONNECTIONS

Social Emotional Learning

ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS

See link to Accommodations & Modifications document in course folder.