

10-Motivation

Content Area: **Special Education**
Course(s):
Time Period: **Full Year**
Length: **3-4 days per week/ 2 weeks**
Status: **Published**

General Overview, Course Description or Course Philosophy

This course is designed to support high school students with various skills in order to be successful in daily life.

OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS

- Motivation is the force that moves you from just thinking about something to doing it.

CONTENT AREA STANDARDS

HE.K-12.P.8	Managing-self
HE.K-12.P.9	Setting goals

RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)

PFL.9.1.K12.P.1	Act as a responsible and contributing community members and employee.
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STUDENT LEARNING TARGETS

Refer to the 'Declarative Knowledge' and 'Procedural Knowledge' sections.

Procedural Knowledge

Students will be able to:

- What motivates them
- External motivators are those that come from a source outside of them.

- Internal motivators are those that are within them.

Declarative Knowledge

Students will understand

- Understand what motivates them.
- Apply motivation strategies.

EVIDENCE OF LEARNING

Refer to the 'Formative Assessments' and 'Summative Assessments' sections.

Formative Assessments

Student will:

Interview motivated students and summarize what they said

Write down what motivates them, and check that daily

Make use of objectives that are challenging but attainable

Will know what they are to do, how to proceed, and how to determine when they have achieved goals

Summative Assessments

Teacher observation that student is more motivated

RESOURCES (Instructional, Supplemental, Intervention Materials)

<https://positivepsychology.com/intrinsic-motivation-students/>

<https://community.thriveglobal.com/7-powerful-ways-to-increase-self-motivation/>

INTERDISCIPLINARY CONNECTIONS

Social relationships among people

Social Emotional Learning

ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS

See link to Accommodations & Modifications document in course folder.