

# 02\_Unit 2: Pregnancy and Parenting

Content Area: **Physical Education/Health**  
Course(s):  
Time Period: **Trimester**  
Length: **Puberty Ed Lesson**  
Status: **Published**

## **General Overview, Course Description or Course Philosophy**

---

### Health 5

Health will provide students with the physical and health literacy that enables them to pursue a life of wellness. The knowledge and skills gained throughout the course will help them to pursue healthy habits and productive lives at home, school and throughout their community. During the fifth grade curriculum the students will focus on "Personal Growth and Development", "Pregnancy and Parenting", "Social and Sexual Health", and "Dependency, Substances Disorder and Treatment".

## **OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS**

---

### **Unit Summary:**

Pregnancy and parenting are stages in life that impact all aspects on one's wellness. Regardless of the circumstance, pregnancy and parenting brings changes to an individual's emotional, financial, physical, mental, and social well-being. These stages can include many happy experiences but can also be the source of great challenges. Like any new skill, parenting takes knowledge, skills, and practice to be successful. However, other factors such as medical and financial challenges can make this stage in life more difficult. Preparation is the key to a healthy pregnancy, delivery and transition to parenting.

### **Essential Question(s):**

- How does one become pregnant?

## Enduring Understanding(s):

- Pregnancy can be achieved through a variety of methods.

## CONTENT AREA STANDARDS

---

HE.3-5.2.1.5.PP.1	Explain the relationship between sexual intercourse and human reproduction.
HE.3-5.2.1.5.PP.2	Explain the range of ways pregnancy can occur (e.g., IVF, surrogacy).

## RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)

---

LA.RI.5.4	Determine the meaning of general academic and domain-specific words and phrases in a text relevant to a grade 5 topic or subject area.
LA.RI.5.10	By the end of year, read and comprehend literary nonfiction at grade level text-complexity or above, with scaffolding as needed.
LA.RI.4.10	By the end of year, read and comprehend literary nonfiction at grade level text-complexity or above, with scaffolding as needed.
LA.RF.5.3	Know and apply grade-level phonics and word analysis skills in decoding and encoding words.
LA.RF.5.4	Read with sufficient accuracy and fluency to support comprehension.
WRK.K-12.P.1	Act as a responsible and contributing community members and employee.
WRK.K-12.P.4	Demonstrate creativity and innovation.
WRK.K-12.P.5	Utilize critical thinking to make sense of problems and persevere in solving them.
WRK.K-12.P.9	Work productively in teams while using cultural/global competence.
TECH.K-12.P.1	Act as a responsible and contributing community members and employee.
TECH.K-12.P.4	Demonstrate creativity and innovation.
TECH.K-12.P.5	Utilize critical thinking to make sense of problems and persevere in solving them.

## STUDENT LEARNING TARGETS

---

### Declarative Knowledge

---

#### Students will understand that:

- Human reproduction is when an egg cell from a woman and a sperm cell from a man

unite and develop to form a baby. A number of organs and structures in both the woman and the man are needed in order for this process to occur.

- One way pregnancy may occur is through sexual intercourse (physical act of sex between two people).
- Other methods to have a baby may include adoption or the use of treatments with medicine and assisted reproductive technology, among others.

### **Procedural Knowledge**

---

**Students will be able to:**

- Define human reproduction and sexual intercourse.
- Explain the relationship between sexual intercourse and human reproduction.
- Explain the range of ways pregnancy can occur.

### **EVIDENCE OF LEARNING**

---

### **Formative Assessments**

---

**For this unit, formative assessments can/will include:**

- observation
- one-on-one
- questioning
- anecdotal notes

### **Summative Assessments**

---

**For this unit, summative assessments can/will include:**

- graphic organizers/worksheet
- homework
- tests/quizzes

- culminating alternative activity

## **RESOURCES (Instructional, Supplemental, Intervention Materials)**

---

### **Resources Include:**

<https://www.aboutkidshealth.ca/Article?contentid=310&language=English>

<https://www.westernfertility.com/uncategorized/how-to-have-a-baby-when-you-cant-have-a-baby/>

## **INTERDISCIPLINARY CONNECTIONS**

---

**English/Language Arts** - implementation of conventions of Standard English, reading and comprehension

**Technology/Multi-Media** - Audio/visual media analysis

**Science** - Life of Animals

## **ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS**

---

See link to Accommodations & Modifications document in course folder.