

# 06\_Health Sexuality & Intimate Relationships

Content Area: **Science**  
Course(s):  
Time Period: **Full Year**  
Length: **5-6 weeks**  
Status: **Published**

## **General Overview, Course Description or Course Philosophy**

---

This course is a university level course which tests student's knowledge of the impact of lifestyle on one's overall health and well-being including on their physical, mental, and emotional status. It examines interventions to improve health in the areas of nutrition, physical fitness, stress management, disease prevention, and addiction use disorders . An examination by Rutgers University is required to obtain 3 college credits and an official transcript from the university.

## **OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS**

---

- Commonalities exist in a healthy relationship
- 3 stages occur during pregnancy
- Humans have stages of development
- Health risks are associated with unsafe sexual practices, substance abuse, and exposure to various environmental contaminants.
- Health issues of individuals throughout various life stages including childhood, pregnancy, and the elder years.

## **CONTENT AREA STANDARDS**

---

SCI.HS-LS1-2	Develop and use a model to illustrate the hierarchical organization of interacting systems that provide specific functions within multicellular organisms.
SCI.HS-LS1-3	Plan and conduct an investigation to provide evidence that feedback mechanisms maintain homeostasis.

## **RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion)**

---

## **Standards are Required)**

---

TECH.9.4.12.CI.1	Demonstrate the ability to reflect, analyze, and use creative skills and ideas (e.g., 1.1.12prof.CR3a).
TECH.9.4.12.CT.2	Explain the potential benefits of collaborating to enhance critical thinking and problem solving (e.g., 1.3E.12profCR3.a).

## **STUDENT LEARNING TARGETS**

---

### **Declarative Knowledge**

---

Students  
will know:

- the major dimensions of human sexuality
- the female and male sexual anatomy
- the menstrual cycle and name 3 common menstrual difficulties
- how to define sexual orientation
- the phases of the sexual response cycle
- common sexual difficulties
- the stages of development in intimate relationships
- the processes of fertilization and implantation
- the health habits during pregnancy
- how to testing for abnormal fetal growth in pregnancy
- the 3 stages of labor
- possible causes of infertility
- the typical and lowest observed failure rates for several fertility control methods
- various types of hormonal contraception
- barrier methods of contraception
- fertility awareness methods of contraception

- factors affecting fertility control
- risk factors for contracting an STD
- the causative agent, symptoms, testing, and treatment for trichomoniasis, chlamydia, gonorrhea, syphilis, genital herpes, genital warts, pubic lice, scabies, and HIV/AIDS
- the types of “safe sex” practices
- the factors related to reducing the risk of STDs and AIDS

### **Procedural Knowledge**

---

Students

will be able to:

- List and define the major dimensions of human sexuality
- describe female and male sexual anatomy
- describe the menstrual cycle and name 3 common menstrual difficulties
- define sexual orientation
- list and describe the phases of the sexual response cycle
- describe common sexual difficulties
- describe the stages of development in intimate relationships
- describe processes of fertilization and implantation
- describe major health habits during pregnancy
- describe testing for abnormal fetal growth in pregnancy
- describe the 3 stages of labor
- discuss infertility
- Understand the typical and lowest observed failure rates for several fertility control methods
- Identify and describe the various types of hormonal contraception

- List and describe barrier methods of contraception
- Describe fertility awareness methods of contraception
- Identify factors affecting fertility control
- Identify the risk factors for contracting an STD
- Recognize the causative agent, symptoms, testing and treatment for trichomoniasis, chlamydia, gonorrhea, syphilis, genital herpes, genital warts, pubic lice, scabies, and HIV/AIDS
- Identify “safe sex” practices
- Understand factors related to reducing the risk of STDs and AIDS

## **EVIDENCE OF LEARNING**

---

### **Formative Assessments**

---

- Chapter review
- Group and partner activities are assigned when possible
- Students will be grouped based on learning styles and approaches to processing content

### **Summative Assessments**

---

- - Benchmarks – departmental benchmark given at the end of MP1, MP2, or MP3 & MP4 b(Semester Based Course)
  - Alternative Assessments
    - Lab inquiries and investigations
    - Lab Practicals
    - Exploratory activities based on phenomenon
    - Gallery walks of student work

- Creative Extension Projects
- Build a model of a proposed solution
- Let students design their own flashcards to test each other
- Keynote presentations made by students on a topic
- Portfolio

## **RESOURCES (Instructional, Supplemental, Intervention Materials)**

---

- Health and Wellness, 11th Edition

ISBN-13: 978-1449687106

ISBN-10: 1449687105

- Nearpod
- Edpuzzle
- Library resources

## **INTERDISCIPLINARY CONNECTIONS**

---

- Ethics
- Informal writing
- Data Analysis

## **ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS**

---

See link to Accommodations & Modifications document in course folder.