

# 02\_Unit 2: Dependency, Substance Disorders, and Treatment

Content Area: **Physical Education/Health**  
Course(s):  
Time Period: **Marking Period**  
Length: **3 weeks (15 lessons)**  
Status: **Published**

## General Overview, Course Description or Course Philosophy

Health will provide students with the physical and health literacy that enables them to pursue a life of wellness. The knowledge and skills gained throughout the course will help them to pursue healthy habits and productive lives at home, school and throughout their community. During the seventh grade curriculum the students will focus on "Alcohol, Tobacco, and other Drugs" and "Dependency, Substance Disorder and Treatment."

## OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS

### CONTENT AREA STANDARDS

HE.6-8.2.3.8.DSDT.1	Summarize the signs and symptoms of alcohol, tobacco, and drug disorders.
HE.6-8.2.3.8.DSDT.2	Compare and contrast the various services that are available for individuals affected by substance disorders in the community and at the state level.
HE.6-8.2.3.8.DSDT.3	Determine the impact that alcohol and drugs can have on an individual's social, emotional, and physical well-being.
HE.6-8.2.3.8.DSDT.4	Examine how alcohol and drug disorders can impact the social, emotional, and physical lives of friends and family members.
HE.6-8.2.3.8.DSDT.5	Compare and contrast the various services that are available for family members and others affected by substance disorders in the community and at the state level.

### RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)

LA.RI.6.1	Cite textual evidence and make relevant connections to support analysis of what the text says explicitly as well as inferences drawn from the text.
LA.SL.6.1.A	Come to discussions prepared, having read or studied required material; explicitly draw on that preparation by referring to evidence on the topic, text, or issue to probe and reflect on ideas under discussion.
LA.SL.6.1.C	Pose and respond to specific questions with elaboration and detail by making comments that contribute to the topic, text, or issue under discussion.

LA.SL.6.1.D	Review the key ideas expressed and demonstrate understanding of multiple perspectives through reflection and paraphrasing.
WRK.K-12.P.1	Act as a responsible and contributing community members and employee.
WRK.K-12.P.8	Use technology to enhance productivity increase collaboration and communicate effectively.
TECH.9.4.8.CT.2	Develop multiple solutions to a problem and evaluate short- and long-term effects to determine the most plausible option (e.g., MS-ETS1-4, 6.1.8.CivicsDP.1).
TECH.9.4.8.CT.3	Compare past problem-solving solutions to local, national, or global issues and analyze the factors that led to a positive or negative outcome.
TECH.9.4.8.IML.14	Analyze the role of media in delivering cultural, political, and other societal messages.

## **STUDENT LEARNING TARGETS**

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### **Declarative Knowledge**

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Students will understand that:

- the use of alcohol has an immediate effect on many parts of the body (i.e. brain, stomach, liver and kidney's).
- alcohol use affects all areas of a person's life.
- alcohol use can affect thoughts and behavior.
- tobacco use causes both short-term and long-term damage to the body (i.e. breathing and heart rate change, bronchitis, yellow teeth, smelly hair).
- all types of illegal drugs have both short and long term effects (i.e. uneven heartbeat, memory loss, seizures).
- tobacco, alcohol and drug use costs society a great deal.
- teen alcohol use costs the U.S. more than \$50 billion a year.
- health care, law enforcement and the workplace are impacted by tobacco, alcohol and drug use.
- abuse can change someone's personality, cause mood swings, or even lead to violence.
- dependency on a substance can keep you from learning to handle difficult emotions in healthful ways.
- drug abuse weakens a person's ability to think and learn.
- alcohol, tobacco, and/or drug use can be a very painful experience for family members.
- substance abuse disorders can impact families because the abuser may be suffering from side effects or withdrawal symptoms.
- substance abuse disorders cause strained relationships, financial hardships, poor school performance, reckless behavior, and/or parental grief in the home.
- family, friends, and various organizations can all help someone who has an alcohol problem.
- an intervention is a gathering where family and friends attempt to get a problem drinker or drug abuser to agree to seek help.

- support groups can help alcoholics or drug abusers recover from their addiction and help families and friends of alcoholics learn to deal with the problem.
- drug rehabilitation, a process in which a person relearns how to live without an abused drug, is one of the treatment options available to drug abusers.

## **Procedural Knowledge**

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Students will be able to:

Summarize the signs and symptoms of alcohol, tobacco, and drug disorders and describe the social and emotional consequences of alcohol and/or drugs on an individual and their family.

- describe the signs and symptoms of alcohol disorders.
- describe the signs and symptoms of tobacco disorders.
- describe the signs and symptoms of drug disorders.
- determine the social consequences of alcohol and/or drug use.
- determine the emotional consequences of alcohol and/or drug use.
- examine the impact of substance abuse on one's family.

Compare and contrast the various services that are available for individuals affected by substance disorders and their family.

- identify services that are available for individuals affected by substance disorders and their family at a local and state level.
- describe the services that are available for substance abusers and their family.
- compare and contrast the various services available to individuals that are affected by substance disorders and/or their family.

## **EVIDENCE OF LEARNING**

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### **Formative Assessments**

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Questions that may be addressed but not limited to are:

What are the signs and symptoms of substance disorders?

How do substance disorders affect the abusers physical, social, and emotional well-being?

How do substance disorders affect families and the community?

What services are available to help individuals with a substance disorders and their families?

Other resources:

- observation
- one-on-one conferences
- questioning
- graphic organizers
- anecdotal notes
- self-assessments
- exit tickets

### **Summative Assessments**

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Questions that may be addressed but not limited to are:

What are the signs and symptoms of substance disorders?

How do substance disorders affect the abusers physical, social, and emotional well-being?

How do substance disorders affect families and the community?

What services are available to help individuals with a substance disorders and their families?

Other resources:

- graphic organizers
- open ended writing activities
- homework
- culminating activities, i.e., skits, presentations, creating a product
- tests/quizzes

### **RESOURCES (Instructional, Supplemental, Intervention Materials)**

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Health Textbook - Bronson, Mary H. et al. *teen health*. Columbus: McGraw-Hill Education; 2014.

### **INTERDISCIPLINARY CONNECTIONS**

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English/Language Arts - implementation of conventions of Standard English, information writing

Technology/Multi-Media - audio/visual media analysis, creating products using technology, Google

Math - categorizing, statistics, computations

Visual and Performing Arts - debate, presentations

Science - biology, disorders

Social Studies - community, community services

### **ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS**

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See link to Accommodations & Modifications document in course folder.