

# Health 10 Driver Education UNIT 5 OF 6

Content Area: **Physical Education/Health**  
Course(s):  
Time Period: **Marking Period**  
Length: **Type Length of Unit**  
Status: **Published**

## **General Overview, Course Description or Course Philosophy**

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The Theory of Safe Driving course is designed to develop safe, courteous and knowledgeable drivers. The program emphasizes defensive driving, driver safety and responsibility, and awareness of laws and regulations. Our goal is to provide students with the essential information that they will need in order to make responsible decisions while behind the wheel of a motor vehicle. Sophomore year, students must complete a minimum of 30 hours of classroom instruction in Driver Education from a certified Driver Education teacher. This instruction will include all aspects of driving and safety techniques, automotive care, financial responsibility and detailed study of traffic laws and regulations.

## **OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS**

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UNIT #5 Foundations of Driving and the Factors That Affect Vehicle Control - 1 Week

Summary: In this unit, students will learn how to prevent a crash, limit road rage and distractions, how to communicate with other drivers, and how to ensure driving is safe.

### Essential Questions

- What is the difference between a defensive driver and an aggressive driver?
- What are all the various driving environments that you will find yourself in?
- How do other roadway users present a risk to you in your vehicle?
- How do natural laws apply to driving?
- What emergency situations might you face?

### Enduring Understandings

- Driving is a social task and you as the driver are responsible for the safety of other roadway users and their

own safety.

- Driving is a series of adjustments; you have to expect the unexpected.
- A driver needs to understand the basic laws of physics and how they influence vehicle control.

## **CONTENT AREA STANDARDS**

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NJSLS-Comprehensive Health and Physical Education

2.3.12.PS.3: Summarize New Jersey motor vehicle laws and regulations, Safe Stops, and determine their impact on health and safety (e.g., organ/tissue donation, traffic safety, avoid driving distractions, seatbelt use, the use of hand-held devices).

2.3.12.PS.4: Investigate the relationship between alcohol, drug use, and motor vehicle crashes and analyze the short- and long-term consequences of these actions.

2.3.12.DSDT.3: Examine the drug laws, and regulations of the State of New Jersey, other states and the affects; healthy and unhealthy on individuals, families, schools, and communities (e.g., vaping products, e-cigarettes, cannabis and CBD products, opioids).

## **RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)**

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NJSLS-Career Readiness, Life Literacies, and Key Skills

9.1.12.RM.3: Compare the cost of various types of insurance (e.g., life, homeowners, motor vehicle) for the same product or service, strategies to lower costs, and the process for filing an insurance claim.

9.1.12.RM.4: Determine when and why it may be appropriate for the government to provide insurance coverage rather than private industry.

## **STUDENT LEARNING TARGETS**

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1. Discuss defensive driving techniques versus passive or aggressive.
2. Identify the rules for passing a vehicle as well as being passed.
3. Discuss the different types of traffic settings and environments that drivers encounter.
4. Identify important visual cues when sitting at an intersection.
5. What are the various types of large motor vehicles with which you might share the roadway?
6. Understand and describe the “no zone” principles of large vehicles.
7. Analyze the components of total stopping distance.
8. Describe the precautions that drivers take to avoid collisions with pedestrians and cyclists?
9. Discuss the natural laws affecting steering, traction and vehicle control.
10. Discuss how sun light and headlight glare impact your ability to drive safely?
11. What strategies can a driver use to manage visibility, time and space in inclement weather conditions?
12. Discuss the conditions that can cause your vehicle to skid or hydroplane.
13. Discuss what you should do in an emergency.

## **Declarative Knowledge**

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Students will understand that:

## **Procedural Knowledge**

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Students will be able to:

## **EVIDENCE OF LEARNING**

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Refer to the 'Formative Assessments' and 'Summative Assessments' sections.

### **Formative Assessments**

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Drive Right Worksheets

Question and Answer Lectures

### **Summative Assessments**

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Test

Quizzes

## **RESOURCES (Instructional, Supplemental, Intervention Materials)**

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- NJ Driver Manual
- Ch.5 “Defensive Driving”.
- Drive Right Textbook
- Ch. 9 “Driving in Urban Traffic”
- Ch. 10 “Driving in Rural Areas”
- Ch. 11”Driving on Expressway”
- Ch. 12 “Driving in Adverse Conditions”
- Internet/Chrome book resources

## **INTERDISCIPLINARY CONNECTIONS**

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## **ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS**

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See link to Accommodations & Modifications document in course folder.