

# 04\_Unit 4: Pregnancy, Childbirth, Adoption, and Abortion

Content Area: **Physical Education/Health**  
Course(s):  
Time Period: **Marking Period**  
Length: **8-10 Classes**  
Status: **Published**

## **General Overview, Course Description or Course Philosophy**

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This course is designed to empower students by providing learning experiences that encourage and foster conscious and healthy decision making, involving relationships, sexuality, family planning, and more. This course includes discussions of abstinence and helps to develop attitudes, values and skills that are essential in making responsible decisions regarding sexuality throughout their life. This course also features aspects of simulated parenting responsibilities throughout the marking period long baby project.

## **OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS**

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Pregnancy, Childbirth, Adoption, and Abortion - 8-10 Classes

In this unit students will build off of knowledge gained from the reproductive unit, students learn the stages of reproduction from fertilization to birth. Students will gain a deeper understanding of the labor process, procedures, and problems that can occur during labor. Students will also learn basic patterns of heredity and genetics. In addition, students will learn factual information about adoption options. Students participate in discussions of decision making and analyzing options associated with pregnancy and teen pregnancy. Students will assess the costs of independent living as well as a cost analysis relating to child care and a child's needs. Students will discuss abortions and emergency pregnancy scenarios like an ectopic pregnancy. Students will understand all types of adoption.

### Enduring Understandings

- There are many decisions to be made related to pregnancy and childbirth that will have short and long-term impacts.
- Healthy individuals demonstrate the ability to identify who, when, where and/or how to seek help for oneself or others.
- Prenatal care can affect the development of the baby and the birthing process.
- Life begins with a healthy pregnancy.
- Healthy individuals demonstrate the ability to identify who, when, where and/or how to seek help for oneself or others.
- Abortions are controversial because of personal religious beliefs, morals, values, and emotions.
- Types of Adoption

## Essential Questions

- Why is prenatal care so important?
- How can a parent maximize a child's health before birth?
- What are the current recognized practices for a healthy pregnancy and birth?
- What is the NJ Safe Haven Law and why does it exist?
- What options are available to a woman facing an unwanted pregnancy?

## **CONTENT AREA STANDARDS**

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### NJSLS-Comprehensive Health and Physical Education

- 2.1.12.PP.4: List the major milestones of each trimester of fetal development utilizing medically accurate information.
- 2.1.12.PP.5: Analyze factors that can impact the health of a baby (e.g., fetal alcohol syndrome, sudden infant death syndrome, low birth weight, premature birth, genetics).
- 2.1.12.PP.6: Analyze personal and societal factors that can influence decisions about pregnancy options, including parenting, abortion, safe haven, and adoption.
- 2.1.12. CHSS.3: Explain the purpose of the Safe Haven Law and identify locations in your community.
- 2.1.12.CHSS.4: Identify medically accurate sources of information and local services that provide contraceptive methods (including emergency contraception and condoms) and pregnancy options (including parenting, abortion, safe haven, adoption, and prenatal care).

New Jersey Safe Haven Infant Protection Act (N.J.S.A. 18A:35-4.40 & 18A:35-4.41)

Information appearing in parentheses may or may not be taught based on past practices of the school district and current administration. For more information or an opt out policy please contact administration.

## **RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)**

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NJSLS - Career Readiness, Life Literacies, and Key Skills

9.4.12.CI.1: Demonstrate the ability to reflect, analyze, and use creative skills and ideas.

- 9.4.12.IML.2: Evaluate digital sources for timeliness, accuracy, perspective, credibility of the source, and relevance of information, in media, data, or other resources (e.g., NJSLSA.W8, Social Studies Practice: Gathering and Evaluating Sources.)
- 9.4.12.CT.1: Identify problem-solving strategies used in the development of an innovative product or practice (e.g., 1.1.12acc.C1b, 2.2.12.PF.3).
- 9.4.12.CT.2: Explain the potential benefits of collaborating to enhance critical thinking and problem solving (e.g., 1.3E.12profCR3.a).

New Jersey Safe Haven Infant Protection Act (N.J.S.A. 18A:35-4.40 & 18A:35-4.41)

## **STUDENT LEARNING TARGETS**

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1. Examine the process of conception, focusing on how fertilization occurs.
2. Identify the stages of fetal development: 1st, 2nd, and 3rd trimesters.
3. Analyze the effects that environmental factors, drugs, tobacco and alcohol can have at various stages of fetal development.
4. Describe the three stages of labor and evaluate forms of delivery.
5. Recognize some of the common problems with childbirth and describe the assessment of a newborn.
6. Investigate how multiple births occur and the effects it may have on parents.
7. Examine the use of fertility drugs and the impact on pregnancy, parenting, and healthcare issues.
8. Recognize the importance of nutrition/prenatal care to ensure the health of newborns.
9. Compare and Contrast the available methods of prenatal testing.
10. Recognize the components of postpartum depression and examine the effects it has on the family.
11. Discuss sudden infant death syndrome/fetal alcohol syndrome.
12. Investigate the New Jersey laws pertaining to abortions, and those of surrounding states.
13. Identify the problems facing pregnant teens and examine options available to them.

## **Declarative Knowledge**

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Students will understand that:

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## **Procedural Knowledge**

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Students will be able to:

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## **EVIDENCE OF LEARNING**

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Refer to the 'Formative Assessments' and 'Summative Assessments' sections.

## **Formative Assessments**

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Class Discussions

Student Research With Approved Internet Resources

Explore the Center for Disease Control and Prevention website and identify the effects of Fetal Alcohol Syndrome. Determine the characteristics of FAS and discuss prevention strategies.

Research various methods of delivery.

Research the rate of occurrence of multiple births: twins, triplets, quads, etc. and identify the risks associated with multiple births.

Research various causes of infertility and develop an informational guide outlining the signs and symptoms of infertility as well as treatment options available.

Research current tests required during pregnancy to evaluate fetal development.

## **Summative Assessments**

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Baby Book Continuation - Finish Benchmark 2 and Start Benchmark 3

Finish Actual Baby Book Parenting Simulation This Unit!

## **RESOURCES (Instructional, Supplemental, Intervention Materials)**

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Glencoe Health Book

Ready Or Not Tot Book

Baby Manikin

Teacher Approved Internet Sources

Juno

Peanut Butter Falcon Movie

## **INTERDISCIPLINARY CONNECTIONS**

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## **ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS**

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See link to Accommodations & Modifications document in course folder.