

# 01\_Development of Appropriate Posture, Breath Support, Tone Production

Content Area: **Music**  
Course(s):  
Time Period: **Full Year**  
Length: **4 weeks (ongoing thereafter)**  
Status: **Published**

## **General Overview, Course Description or Course Philosophy**

---

### COURSE OVERVIEW

Chamber Singers is the advanced vocal ensemble of Kinnelon High School. Students will perform advanced choral music while improving vocal technique, improving musical knowledge and skills, and exploring different genres of music. Members of Chamber Singers will perform in concerts, local performances, and rehearsals. Students are also encouraged to audition for choirs and activities outside of the KHS Choir program, including the KHS Musical, area honors choirs, voice lessons, etc.

## **OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS**

---

### OBJECTIVE

Students will understand that appropriate posture and breathing mechanics promotes quality tone production.

### ESSENTIAL QUESTION

How do musicians improve the quality of their creative work?

### ENDURING UNDERSTANDING

Musicians evaluate and refine their work through openness to new ideas, persistence, and the application of appropriate criteria.

## **CONTENT AREA STANDARDS**

---

|                         |  |
|-------------------------|--|
| MU.9-12.1.3C.12acc.Cr   | Creating   |
| MU.9-12.1.3C.12acc.Cr1  | Generating and conceptualizing ideas.  |
| MU.9-12.1.3C.12acc.Cr2  | Organizing and developing ideas.   |
| MU.9-12.1.3C.12acc.Pr4b | Document and demonstrate, using music reading skills (where appropriate), how compositional devices employed, and theoretical and structural aspects of musical works, may impact and inform prepared and improvised performances. |
| MU.9-12.1.3C.12acc.Pr5  | Developing and refining techniques and models or steps needed to create products.  |
| MU.9-12.1.3C.12acc.Pr5a | Develop and apply appropriate rehearsal strategies to address individual and ensemble  |

challenges in a varied repertoire of music and evaluate their success.

## **RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)**

---

|              |   |
|--------------|---|
|              | Presentation of Knowledge and Ideas   |
| CS.K-12.2.c  | Solicit and incorporate feedback from, and provide constructive feedback to, team members and other stakeholders. |
| WRK.K-12.P.8 | Use technology to enhance productivity increase collaboration and communicate effectively.                        |

## **STUDENT LEARNING TARGETS**

---

Student will document and demonstrate, using music reading skills (where appropriate), how compositional devices employed, and theoretical and structural aspects of musical works, may impact and inform tone production. (MU.K-12.1.3C.12acc.Pr4b)

Student will develop and refining techniques and models or steps needed to create excellent vocal tone. (MU.K-12.1.3C.12acc.Pr5)

Student will develop and apply appropriate rehearsal strategies to address individual and ensemble challenges in a varied repertoire of music and evaluate their success, as it applies to posture, breath support, and tone production. (MU.K-12.1.3C.12acc.Pr5a)

Student will employ teacher feedback to demonstrably improve tone production through developed posture and breath support. (CS.K-12.2.c)

## **Declarative Knowledge**

---

Students will understand:

- Vocal production terminology (vocal cords, lungs, diaphragm, hard and soft palate, etc.)
- Proper vocal production and breathing techniques, as modeled by the teacher

## **Procedural Knowledge**

---

Students will be able to:

- demonstrate deep, controlled breathing
- inhale/exhale patterns of breathing
- utilize breathing techniques to support all singing, particularly high/difficult passages

- perform vocal exercises to develop a free, clear tone
- sing concert music using proper vocal production and breathing techniques

## **EVIDENCE OF LEARNING**

---

Students will submit singing tests online or live in-class, demonstrating improved tone production through developed posture and breath support.

## **Alternate Assessments**

---

- Oral Presentations
- Visual Presentations
- Teacher/Student Conferences

## **Formative Assessments**

---

Students will be visually and aurally assessed by the teacher during daily classes.

Students will be assessed individually and/or in small groups during singing tests.

## **Summative Assessments**

---

Students will use vocal production and breathing techniques to properly perform at concerts, and for singing tests.

## **RESOURCES (Instructional, Supplemental, Intervention Materials)**

---

- Choral music, as selected by the teacher
- YouTube videos with vocal technique instruction, as selected by the teacher

## **INTERDISCIPLINARY CONNECTIONS**

---

Debates - Students will express how performers make good and bad use of tone in various genres, utilizing YouTube vocal performances.

## **ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS**

---

[See link to Accommodations & Modifications document in course folder.](#)