

# Unit 2 - Warm Up and Improvisation

Content Area: **TEMPLATE**  
Course(s):  
Time Period: **Full Year**  
Length: **2-4 weeks**  
Status: **Published**

## **General Overview, Course Description or Course Philosophy**

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This unit teaches an actor the importance of warming up before a performance to relax the mind and body. A variety of games may be executed during a warm up to transition the actor into their role. Extensive rehearsal is not needed for an actor to elicit an emotional response from their audience.

## **OBJECTIVES, ESSENTIAL QUESTIONS, ENDURING UNDERSTANDINGS**

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- an actor will need to warm up before a performance to relax the mind and body.
- a variety of games may be executed during a warm up to transition the actor into his/her role.
- extensive rehearsal is not needed for an actor to elicit an emotional response from his/her audience.

## **CONTENT AREA STANDARDS**

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TH.9-12.1.4.12prof.Cn11	Relating artistic ideas and works within societal, cultural, and historical contexts to deepen understanding.
TH.9-12.1.4.12prof.Cr1a	Research to construct ideas about the visual composition of devised or scripted theatre work.
TH.9-12.1.4.12prof.Cn11a	Integrate knowledge of cultural, global and historic belief systems into creative choices in a devised or scripted theatre work.
TH.9-12.1.4.12prof.Cn11b	Use basic research methods to better understand the social and cultural background of devised or scripted theatre work.

## **RELATED STANDARDS (Technology, 21st Century Life & Careers, ELA Companion Standards are Required)**

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WRK.9.2.12.CAP.6	Identify transferable skills in career choices and design alternative career plans based on those skills.
WRK.9.2.12.CAP.7	Use online resources to examine licensing, certification, and credentialing requirements at

the local, state, and national levels to maintain compliance with industry requirements in areas of career interest.

WRK.9.2.12.CAP.12

Explain how compulsory government programs (e.g., Social Security, Medicare) provide insurance against some loss of income and benefits to eligible recipients.

WRK.9.2.12.CAP.13

Analyze how the economic, social, and political conditions of a time period can affect the labor market.

## **STUDENT LEARNING TARGETS**

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Refer to the 'Declarative Knowledge' and 'Procedural Knowledge' sections.

### **Declarative Knowledge**

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Students will understand that:

- the purpose of warm up activities for actors is to relax the mind and body.
- line memorization and rehearsal is not necessary for an actor to elicit an emotional response from an audience.
- actor's influence word choice with their tone and facial expressions.

### **Procedural Knowledge**

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Students will be able to:

- assess different warm ups and compare their outcomes.
- react to a prompt with an immediate performance in front of an audience.
- determine the meaning of words and phrases as they are used in the text, including figurative and connotative meanings.
- by the end of grades 11-12, read and comprehend literature, including stories, dramas, and poems, at the high ends of the grade 11-CCR text complexity band independently and proficiently. • adapt speech to a variety of contexts and tasks, demonstrating command of formal English when indicated or appropriate.
- analyze the impact of specific word choices on meaning and tone, including words with multiple meanings or language that is particularly fresh, engaging, or beautiful.

## **EVIDENCE OF LEARNING**

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Refer to the 'Formative Assessments' and 'Summative Assessments' sections.

### **Formative Assessments**

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- performance
- journal

### **Summative Assessments**

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- performance (i.e. Live, Flipgrid, Google Meet Recording, Screencast-O-Matic, Screencastify, etc.)

## **RESOURCES (Instructional, Supplemental, Intervention Materials)**

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Core:

- <https://www.childdrama.com/warmups.html>
- <https://familystyleschooling.com/2017/03/22/improv-games/>

Supplemental:

- <https://www.theatrefolk.com/blog/round-up-warm-up-activities-that-encourage-communication/> • [https://www.momjunction.com/articles/drama-games-for-teens\\_00400393/](https://www.momjunction.com/articles/drama-games-for-teens_00400393/)

## **INTERDISCIPLINARY CONNECTIONS**

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- English - narrative writing
- Technology - media literacy
- Social studies - social justice, ethics
- Career readiness - art

## **ACCOMMODATIONS & MODIFICATIONS FOR SUBGROUPS**

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See link to Accommodations & Modifications document in course folder.