

Activity 1.6: SMART Goal Makeover

NAME: **KEY**

DATE:

Creating SMART goals will help set you up for success. Can you tell what SMART criteria are missing from the goals below?

Directions:

- A. Rewrite Michael’s and Selena’s statements into SMART goals.
- B. Compare your changes with a classmate or the examples online (www.hsfpp.org).

Goal	SMART Goal
Selena	
Save \$200 for a trip to the outlet mall	*
Buy a new MP ₃ player	*
Michael	
Save money for college next year	*
Buy a new computer in January	*

***Facilitator Notes:** Responses will vary and provide opportunities for students to compare different goal statements that lead to similar results. As students peer review their own and each other’s goal statements, they should see evidence of the following:

- Specific details about the desired outcome
- Strategies to measure progress and success with specific benchmarks and timelines to carry out action
- Actions that are realistic and relevant for Michael and Selena based on what is known about their current circumstances