

Task: SMART Goal Rework

NAME: **KEY**

DATE:

Directions:

Change a vague goal into a SMART goal. Think of what's missing for each "SMART" element, then create the details below. Now, combine your details to create a new SMART goal.

ORIGINAL GOAL: _____

REVISED GOAL: _____

SMART Goal Guide		Facilitator Guide
Specific	What exactly needs to be accomplished? Who else will be involved? Where will this take place? Why do I want to accomplish the goal?	As students evaluate the reworked goal, they should see the desired outcome clearly stated with details such as who is involved, how much money is needed, and why the goal is relevant to the goal setter.
Measurable	How will I know I've succeeded? How much change needs to occur? How many accomplishments or actions will it take?	An evaluation of the reworked goal should reveal detail about any benchmarks or strategies to track the progress towards achieving the goal. The revised goal should clearly state the expected evidence to know when the goal has been achieved.
Attainable	Do I have, or can I get, the resources needed to achieve the goal? Is the goal a reasonable stretch for me? (neither out of reach nor too easy) Are the actions I plan to take likely to bring success?	The reworked goal will propose actions and outcome(s) that seem logical and realistic for the goal setter's current situation and style. This may require student teams to state assumptions about the goal setter's circumstances.
Relevant	Is this a worthwhile goal for me right now? Is it meaningful to me—or just something others think I should do? Would it delay or prevent me from achieving a more important goal? Am I willing to commit to achieving this goal?	The revised work should express how this particular goal and desired outcome might have particular personal meaning to the goal setter's current circumstances and values, based on assumptions about the case scenario.
Time-bound	What is the deadline for reaching the goal? When do I need to take action? What can I do today?	Based on the case scenario assumptions, the revised work should specify realistic benchmark(s) with target dates for carrying out the action(s).