

States of Consciousness

Content Area: **Social Studies**
Course(s): **Generic Course, Psychology**
Time Period: **Generic Time Period**
Length: **1 Weeks**
Status: **Published**

Standards

CCCS 6.2

TS 3, 4

Essential Questions

What is consciousness?

How do we attend to and process stimuli in different states of consciousness?

Content / Skills

Content

Sleeping/Dreaming

Hypnosis

Meditation

Psychoactive Drug Effects

Skills

Describe the sleep stages

Understand the theories of why we dream

Categorize the major psychoactive drugs and their effects on consciousness

Analyze the uses of hypnosis and meditation

