

Unit 05: Relationships

Content Area: **Health & PE**
Course(s): **Health 1**
Time Period: **Generic Time Period**
Length: **4 weeks**
Status: **Published**

Unit Introduction

Students will explore the characteristics of a healthy, unhealthy and potentially dangerous relationship.

*include instruction on the political, economic, and social contributions of persons with disabilities and lesbian, gay, bisexual, and transgender people, in an appropriate place in the curriculum pursuant to as part of the district's implementation of the New Jersey Student Learning Standards. N.J.S.A.18A:35-4.36

Standards

HPE.2.1.12.A.2	Debate the social and ethical implications of the availability and use of technology and medical advances to support wellness.
HPE.2.1.12.C.CS1	Personal health is impacted by family, community, national, and international efforts to prevent and control diseases and health conditions.
HPE.2.1.12.D.1	Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.
HPE.2.1.12.D.2	Explain ways to protect against abuse and all forms of assault and what to do if assaulted.
HPE.2.1.12.E.1	Predict the short- and long-term consequences of unresolved conflicts.
HPE.2.1.12.E.2	Analyze how new technologies (i.e. social media) may positively or negatively impact the incidence of conflict or crisis.
HPE.2.2.12.A.2	Demonstrate strategies to prevent, manage, or resolve interpersonal conflicts.
HPE.2.2.12.B.1	Predict the short- and long-term consequences of good and poor decision-making on oneself, friends, family, and others.
HPE.2.2.12.B.2	Evaluate the impact of individual and family needs on the development of a personal wellness plan and address identified barriers.
HPE.2.2.12.C.2	Judge how individual or group adherence, or lack of adherence, to core ethical values impacts the local, state, national, and worldwide community.
HPE.2.2.12.C.3	Analyze current issues facing the disability community and make recommendations to address those issues.
HPE.2.2.12.E.CS1	Potential solutions to health issues are dependent on health literacy and available resources.
HPE.2.4.12.A.3	Analyze how personal independence, past experience, and social responsibility influence the choice of friends in high school and young adulthood.

HPE.2.4.12.A.4

Predict how relationships may evolve over time, focusing on changes in friendships, family, dating relationships, and lifetime commitments such as marriage.

HPE.2.4.12.A.5

Determine effective prevention and intervention strategies to address domestic or dating violence (e.g., rules of consent, warning signs of dating violence).

Essential Questions

- What are the dynamics of emotional and physical safety in relationships with self and others?
- Who and where can one turn to for help and support?
- What personal choice does one have in relationships?
- What are the political, economic, and social contributions of persons with disabilities and lesbian, gay, bisexual, and transgender people?

Content / Skills

- Text: Bronson, Mary, H. (2015). Glencoe Health. McGraw-Hill Education, Columbus OH. Unit 3: Ch 6, 8, 9 Unit 1: Ch 1 & Bronson, Mary, H. (2015). Glencoe Human Sexuality. McGraw-Hill Education, Columbus, OH. Ch 1 & 2
- Relationships Powerpoint
- Relationships Handouts - Healthy vs Unhealthy Relationship Wheel
- Relationships Articles
- Role Plays