

# Unit 04: Contraception

Content Area: **Health & PE**  
Course(s): **Health 1**  
Time Period: **Generic Time Period**  
Length: **2 weeks**  
Status: **Published**

## Unit Introduction

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Students will learn about various methods of contraception. They will learn proper use and effectiveness of each method. Students will learn how their behaviors and attitudes influence their health. Students will gain the knowledge of effective decision making, consequences and recognition of responsibilities.

## Standards

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HPE.2.1.12.A.1	Analyze the role of personal responsibility in maintaining and enhancing personal, family, community, and global wellness.
HPE.2.2.12.B.1	Predict the short- and long-term consequences of good and poor decision-making on oneself, friends, family, and others.
HPE.2.2.12.B.2	Evaluate the impact of individual and family needs on the development of a personal wellness plan and address identified barriers.
HPE.2.2.12.E.1	Analyze a variety of health products and services based on cost, availability, accessibility, benefits, and accreditation.
HPE.2.4.12.C.4	Determine the impact of physical, social, emotional, cultural, religious, ethical, and legal issues on elective pregnancy termination.

## Essential Questions

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How do my peers' behaviors and attitudes influence my health?

How do my beliefs influence one's ability to be safe and happy?

How can one resist unhealthy pressures?

How do the positive and negative consequences of healthy behaviors compare with those of risky behaviors?

## Content / Skills

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Text: Bronson, Mary, H. (2015). Glencoe Human Sexuality. McGraw-Hill Education, Columbus, OH. Ch 6 pgs 83-92

Powerpoints/Prezi

Consumer Reports Articles [2009] - 1) Condoms 2) Birth Control More and Safer Choices

<http://www.plannedparenthood.org> - Various Videos and Information