

# HEALTH Unit 1 - CPR

Content Area: **Health & PE**  
Course(s): **Generic Course, Health 3**  
Time Period: **Marking Period 4**  
Length: **3 weeks**  
Status: **Published**

## Unit Introduction

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Know and understand proper protocol when caring for life-threatening and non-life threatening emergencies for conscious and unconscious victims.

## Standards

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HPE.2.1.12.D.1	Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.
HPE.2.1.12.D.6	Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.
HPE.2.1.12.D.CS1	Evaluating the potential for injury prior to engaging in unhealthy/risky behaviors impacts choices.
HPE.2.1.12.D.CS2	Applying first-aid procedures can minimize injury and save lives.

## Essential Questions

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1. Why is it important to make responsible safety decisions?
2. How can an individual respond to life threatening situation in their community?

## Content / Skills

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1. American Red Cross Instructors Manual
2. American Red Cross Multi-Media resources
3. Mannequins

