

HEALTH Unit 2 - First Aid and Safety

Content Area: **Health & PE**
Course(s): **Generic Course, Health 3**
Time Period: **Marking Period 4**
Length: **6 weeks**
Status: **Published**

Unit Introduction

Know and understand roles and responsibilities of a citizen responder, as well as proper care for first aid related emergencies.

Standards

HPE.2.1.12.C.3	Determine the emotional, social, and financial impact of mental illness on the family, community, and state.
HPE.2.1.12.C.CS1	Personal health is impacted by family, community, national, and international efforts to prevent and control diseases and health conditions.
HPE.2.1.12.D.1	Determine the causes and outcomes of intentional and unintentional injuries in adolescents and young adults and propose prevention strategies.
HPE.2.1.12.D.6	Demonstrate first-aid procedures, including Basic Life Support and automatic external defibrillation, caring for head trauma, bone and joint emergencies, caring for cold and heat injuries, and responding to medical emergencies.
HPE.2.1.12.D.CS1	Evaluating the potential for injury prior to engaging in unhealthy/risky behaviors impacts choices.
HPE.2.1.12.D.CS2	Applying first-aid procedures can minimize injury and save lives.

Essential Questions

1. How do you achieve community safety?
2. How does an individual prevent and/or respond to emergency situations?
3. Why is it important to follow proper protocol when responding to an emergency?
4. How does an individual identify and care for non-life-threatening injuries and illness?

Content/Skills

1. American Red Cross Instructors Manual

2. American Red Cross Mult-Media educational resources