

Unit Softball

Content Area: **Health & PE**
Course(s): **Driver's Ed, PE 2, PE 4**
Time Period: **Marking Period 4**
Length: **3 weeks**
Status: **Published**

Unit Introduction

Students will learn the rules and skills associated with the game of softball. They will also learn strategy, teamwork, communication, good sportsmanship, and movement concepts.

Standards

HPE.2.5.12.A.1	Explain and demonstrate ways to apply movement skills from one game, sport, dance, or recreational activity to another (e.g., striking skills from/to tennis, badminton, ping pong, racquetball).
HPE.2.5.12.A.CS1	Movement skill performance is primarily impacted by the quality of instruction, practice, assessment, feedback, and effort.
HPE.2.5.12.B.1	Demonstrate and assess tactical understanding by using appropriate and effective offensive, defensive, and cooperative strategies.
HPE.2.5.12.B.CS1	Individual and team execution in games, sports, and other activity situations is based on the interaction of tactical use of strategies, positive mental attitudes, competent skill levels, and teamwork.
HPE.2.5.12.C.2	Develop rule changes to existing games, sports, and activities that enhance safety and enjoyment.
HPE.2.5.12.C.CS1	Self-initiated behaviors that promote personal and group success include safety practices, adherence to rules, etiquette, cooperation, teamwork, ethical behavior, and positive social interaction.

Essential Questions

How does effective and appropriate movement impact wellness?

To what extent does strategy influence performance in competitive games and activities?

Why do I have to show good sportsmanship and follow rules?

Content / Skills

Softballs

Gloves (right and left)

Bats

bases