

Includes 3 games

Thank you!

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What's Included?

Problem Solving Role Play Game: (p.3-7)

Cut out the role play cards and have students take turns drawing the cards to move around the game board. For each card, encourage the students to verbalize which coping skills they would use and how they would work to solve the problem instead of just reacting to it.

"I Have Who Has" (p. 8-9):

In this game, students each have a problem, and the solution to the problem that someone else has on their card. The goal is to have the students look for the person that has the solution to their problem. There are 10 scenarios on each sheet. Sheets can be used individually or together depending on group size.

Problem Solving Dice Game (p. 10-11):

Students will roll a dice and then answer the problem solving question associated with that number. If they can answer the question correctly, they can move forward that amount of spaces. The first person to 100 wins.

A friend doesn't want you to play with him at recess.

Someone cuts in front of you in line.

You are frustrated because your schoolwork is hard.

Your favorite toy is broken.

Your sister will not share her candy with you.

Your brother touches your stuff when you are not home.

Your friend took your pencil without asking.

Your mom will not buy you candy at the grocery store.

Your brother spills something on your favorite shirt.

Your friend is not playing by the rules at recess.

Your teacher chose another student for a special job.

Your teacher is making you stay in from recess to finish work.

You and your sister want to play with the same toy.

You can't get work done because a classmate is talking to you.

Another student keeps kicking your chair.

Someone accidentally bumps into you in the hallway.

You and your sister can't agree on what game to play.

You lost a game at recess.

You got a bad grade on an important test.

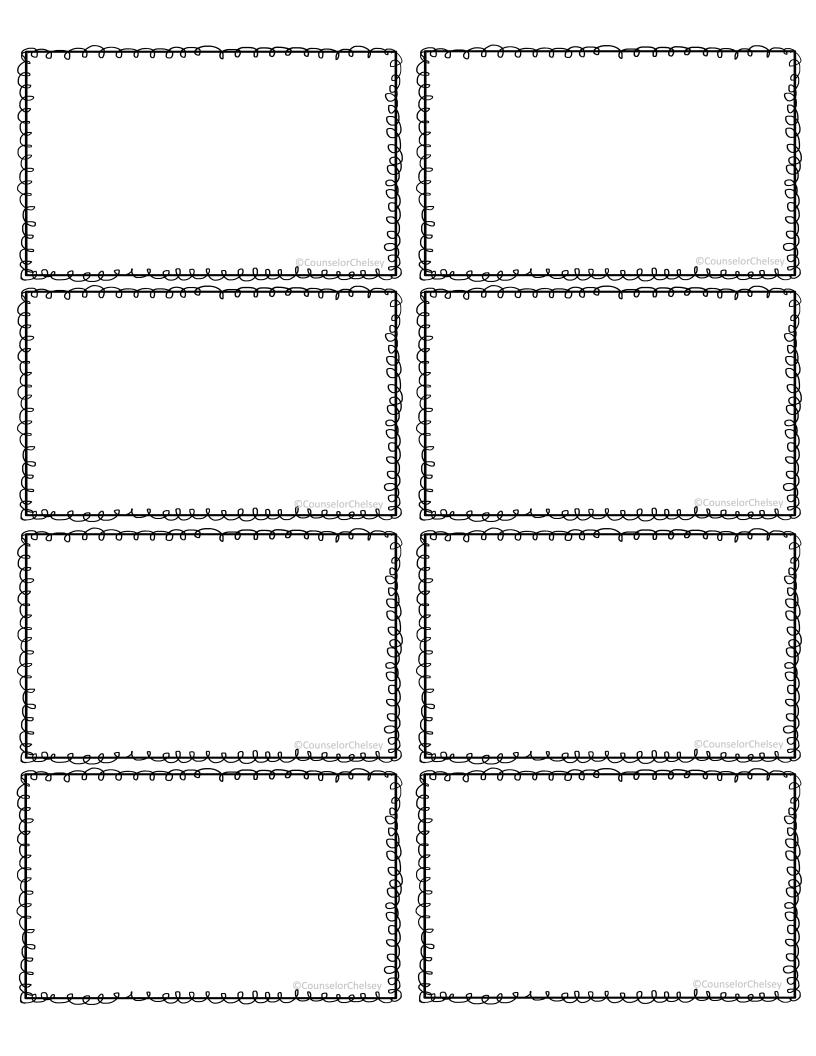
Your mom says you can't play outside because it's too cold.

You do not want to go to bed at bedtime.

Someone in your class is saying hurtful things to you.

Someone is taking too long at the drinking fountain.

Your teacher doesn't call on you



START!	Draw A Card	Move Forward Two	Draw A Card			
Social	Move Backward Two					
		Draw A Card	Draw A Card	Move Forward One		
Draw A Card	I can solve my own problems!					
	Draw A Card	FORWARA		Draw A Card		
I can s of	Move Backward One					
FINISH!	Move Backward Four	Draw A Card		Draw A Card		

I have: Study harder next time.

Who has: You have to stay in at recess.

I have: Work quickly to get your work done.

Who has: You lost a game at recess.

I have: Take a deep breath and try the game again tomorrow.

Who has: You don't want to go to bed at bedtime.

I have: Ask if you can stay up and read in bed.

Who has: Your sibling took your video game without asking.

I have: Calmly ask them to give it back when they are done.

Who has: Someone threw something at you in class.

I have: Ignore it or tell a teacher if you feel unsafe.

Who has: You want to play computer games instead of doing work.

I have: Finish your work and then ask to play on the computer.

Who has: You can't find your favorite video game.

I have: Calmly ask your family members if anyone has seen it.

Who has: Your teacher corrected you in front of the class.

I have: Take a deep breath and use the correction as a chance to learn.

Who has: Your mom blamed your for something you didn't do.

I have: Explain what happened in a calm voice.

Who has: You got an assignment back and didn't get a good grade.

I have: Ask if he/she will share or wait until next time it is in the house.

Who has: The teacher is asking you to do extra work.

I I have: Calmly ask why and then do the work.

Who has: Your mom is making you do chores before going to a friend's house

I have: Work hard on the chores and if you don't finish, ask if you can do the rest when you get home.

Who has: A classmate keeps kicking your chair.

I have: Move your chair and ignore it.

Who has: Your mom says you can't go outside because it's too cold.

I have: Choose a fun activity to do inside and wait until it warms up.

Who has: Your parent will not buy you something that you want.

I have: Say okay and then ask for it for a birthday, Christmas or other holiday.

Who has: Your friend won't play with you at recess.

I have: Choose another game to play with other people.

Who has: Your teacher doesn't believe your reason for not doing your homework.

I have: Ask if you can do your homework late instead of arguing.

Who has: You and your sibling can't agree on what to watch on TV

I have: Take turns, spend 20 minutes on what each person wants to watch.

Who has: Someone in your class made a mean

I have: Ignore the comment and if it continues, tell a teacher or trusted adult.

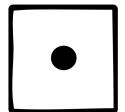
Who has: Your sibling took the last of your favorite candy.

Problem Solving Dice Game

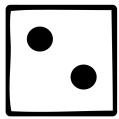
Roll the dice and answer the question that goes with the number you rolled. If you can answer correctly, move forward the number that you rolled.

100	Back 6	98	97	96	95	94	93	92	91
Back 2	82	83	84	85	86	87	88	89	90
80	79	78	77	76	75	74	73	72	Ahead 3
61	62	63	64	Back 3	66	67	68	69	70
60	59	58	57	56	55	54	53	Ahead 2	51
4	42	43	Ahead 1	45	46	47	48	49	50
40	Back 4	38	37	36	35	34	33	32	31
21	22	23	24	25	Ahead 2	27	28	29	30
20	19	18	7	16	15	1 4	Ahead 3	12	11
1	2	3	Back 2	5	6	7	8	9	10

Problem Solving Dice Game Questions



One: What is a time that you solved a problem in a positive way?



Two: Name one way that you can calm down so that you can clearly think to solve the problem.



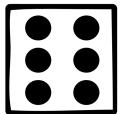
Three: What is a time that you reacted to a problem and made a bad choice. What could you have done differently?



Four: Name one reason that it is important to solve problems instead of just reacting to them.



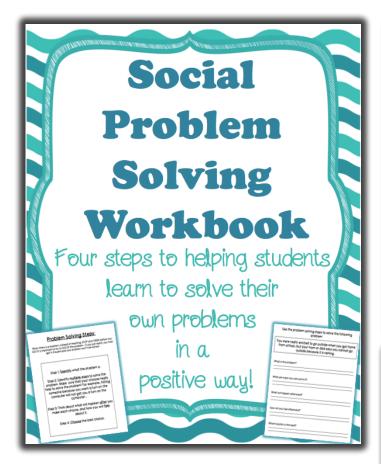
Five: Name someone you know who is good at solving problems.



Six: Name a problem you may face, and three potential ways to solve it.

Sneak Peek

If you loved this resource, check out another one of my social problem solving resources you are sure to enjoy!



Includes 5 reflective worksheets and 15 role play worksheets to help students lean how to solve problems instead of just reacting to them!

Problem Solving Steps:

When there is a problem, instead of reacting, STOP and THINK before you GO! It is important to try to SOLVE the problem - if you just react, you may get in trouble and your problem won't be solved.

Step 1: Identify what the problem is.

Step 2: Identify multiple ways to solve the problem. Make sure that your choices really help to solve the problem! For example, hitting someone because you want a turn on the computer will not get you a turn on the computer...

Step 3: Think about what will happen <u>after</u> you make each choice, and how you will <u>feel</u> about it.

Step 4: Choose the best choice.

Think of a time when there was a problem and you used good choices to solve it.			
What was the problem?			
What were ways you could have solved it?			
Which solution did you choose?			
What happened afterward?			
How did you feel afterward?			

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