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Divorce Conversation Cards

These cards are designed to a start conversation among your students, regarding divorce and separation. Each child is unique and has different experiences to share. Starting a conversation with other students, who face the same issues, can be relieving and help guide other students on how they can cope with their parents divorce.

INSTRUCTIONS

Print on cardstock and laminate for durability and prevention from tearing. The School Counselor or facilitator will ask the students the question on each card. Each student should have an opportunity to answer the questions on the card.

Enjoy my product and thanks for your feeback, Counseling Kiddos



What are some good words your family and friends use to describe you?



What do you like to do with your parents?



If you had a special chill zone in your house, what would you put there to help you relax?

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If one of your parents moves into a new house or apartment, what would you do to make your room comfortable and cozy?



Talk about a fun place you like to visit with your mom and/or dad?



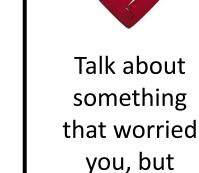
What is something you learned, after your parents divorce or separation?

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Does your family have family meetings? If so, what do you talk about?





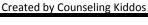
Parents may tell their child's teacher about changes in the family. Has your parent(s) told your teacher?

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doesn't

anymore.





Close your eyes and picture yourself happy at each parent's house. What are you doing with each parent?



Does your school have a special program to help you deal with divorce or separation?

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When you need to cool down, do you: stretch your body slowly or tighten your muscles?

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Are there certain rules you have a tough time following? What are they and how do they make you feel?



Do your parents have different rules at their house? What's different and the same?

What are some things that you keep at each of your parents house, to make you feel comfortable?

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Kids have someone they can talk to and trust. Who do you talk to and trust?



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What is something fun you can do with your mom or dad, that doesn't cost money?



If you're with one parent, but want to talk to the other parent, what can you do?

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Is it a bad idea to listen to your parents private conversations? Why?



What do you do when you're parents are arguing with one another?



When you're upset, what do you do?

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Do your parents get along with each other or do they fight?

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Why did your parents get divorce?

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Are either of your parents remarried? If so, do you get along with your step-parent?



What is your favorite thing to do with your family?

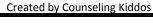


Give examples of problems kids can solve.



What are problems that only adults should solve?

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When your parents are arguing, what should you do and where should you go?

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True or False:

Some kids leave the room when their parents argue.

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True or False:

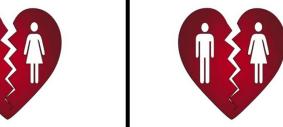
Kids should try not to solve adult problems.



True or False:

Kids should solve ALL problems by themselves?

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True or False:

Most family problems only have one solution?

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True or False:

Problems only happen to kids who have divorced parents?

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True or False:

People show their feelings in different ways?

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True or False:

Good things will happen, even though my parents are not together?

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True or False:

I am the only one who has divorced parents?



True or False:

A family will go through changes when parents get divorced or separate?

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True or False:

Your parents divorce is all your FAULT?



True or False:

Your parents will always love you, even though they're not together?

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True or False:

Does it help to talk to other kids who come from a divorced family?

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True or False:

Can you talk
to your
parents
about the
divorce?

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True or False:

Blaming
either parent
about the
divorce will
make you
feel better?



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All designs, fonts, colors, and clipart were used by Microsoft PowerPoint and Microsoft Paint.

Thank You,
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