















# What Zone Am I In?



Blue	Green	Yellow	Red
   	  	   	  
<p>Sad Sick Sleepy Bored</p>	<p>Happy Calm Peaceful Ready to Learn</p>	<p>Silly Excited Losing Some Control Worried Frustrated</p>	<p>Mad/Angry Terrified Yelling/Hitting Losing All Control</p>