

Counseling Services Overview (Grades K-8):

Individual Direct Services:

- Individual student meetings by request, referral or otherwise needed (social, emotional, academic support) to develop skills and strategies related to but not limited to: emotion regulation & expression, coping, anxiety, peer mediation, self-esteem building, impulse control, social interactions, decision-making, motivation, behavioral support, crisis intervention, academic support, grief support, changing families support
- Risk Assessments
- Re-entry and safety plans
- Behavior Plan
- Mental Health Screenings
- Student observations
- Community referrals
- New student tours and assist with student acclimation (when requested)

Individual Indirect Services:

- Parent meetings / conferences (by request or as needed)
- Student support and advocacy
- I&RS coordination (meeting attendance, documentation of action plan interventions, and data entry)
- 504 plan coordination, plan development, data entry

Small Group Direct Services:

- Small group counseling (dependent on demonstrated student need)
 - Small group interventions by parent request, staff referral, or otherwise needed (social, emotional, behavioral, academic support).
 - Topics typically include but are not limited to: Social Skills, Healthy Friendships, Changing Families, Grief Support, Anxiety Management, Life Transitions, Self Esteem, Anger Management, Emotion Regulation
- Conflict resolution / restorative justice as needed

School-Wide Indirect Services:

- School Climate Team involvement
- Teacher collaboration and support
- Parent education, collaboration, and support as needed

School-Wide Direct Services:

- Red Ribbon Week
- Week of Respect
- Classroom lessons - L.E.A.D (K-5), SEL (6-8)