

GRADE 1

Unit: L.E.A.D. Too Good for Drugs

Content Area: CHPE

Course: Health, Drugs ATOD

Time Period: MP 1-4

Length: weekly

Status: --

Essential Questions

- What are the benefits of setting personal goals?
- What are the steps to making responsible decisions?
- How does using I-messages improve communication?
- Why is practicing careful listening an important skill?
- What are the qualities that make up a good friend?
- What are some strategies to handle peer pressure?
- What strategies can you use to calm yourself down when feeling disappointed or upset?
- What are the benefits of prescription drugs when used correctly?
- Why is it important to know the difference between safe and unsafe items and substances?
- What is the difference between healthy and unhealthy behavior?

Big Ideas

- Setting Reachable Goals
- Making Responsible Decisions
- Identifying and Managing Emotions
- Effective Communication
- Bonding and Relationships
- Managing Peer Pressure
- Managing Disappointment
- Understanding the Safe Use of Prescription and OTC Medicines
- Identifying and Avoiding Harmful Substances
- Making Healthy Choices

Enduring Understanding

2.3.2.ATD.1

2.3.2.ATD.2

2.3.2.ATD.3

Resources

L.E.A.D Too Good for Drugs grade 1

GRADE 2

Unit: L.E.A.D. Too Good for Drugs

Content Area: CHPE

Course: Health, Drugs ATOD

Time Period: MP 1-4

Length: weekly

Status: --

Essential Questions

- What are the benefits of setting personal goals?
- What are the steps to making responsible decisions?
- What are some healthy stress management techniques?
- How do we benefit from recognizing similarities and differences among people?
- How do courtesy and respect contribute to a good friendship?
- What are some strategies to handle peer pressure?
- What are the benefits of prescription drugs when used correctly?
- What are the effects of first and secondhand smoke on the body?
- What is the difference between healthy and unhealthy behavior?

Big Ideas

- Goal setting
- Decision making
- Managing stress
- Effective communication
- Celebrating differences
- Bonding and relationships
- Peer pressure
- Safe use and handling of medicine
- Effects of tobacco use
- Healthy choices

Enduring Understanding

2.3.2.ATD.1

2.3.2.ATD.2

2.3.2.ATD.3

Resources

L.E.A.D Too Good for Drugs grade 2

GRADE 3

Unit: L.E.A.D. Too Good for Drugs

Content Area: CHPE

Course: Health, Drugs ATOD

Time Period: MP 1-4

Length: weekly

Status: --

Essential Questions

- What are the benefits of setting personal goals?
- What are the steps to making responsible decisions?
- How does using I-messages improve communication?
- What are effective listening skills?
- How do courtesy and respect contribute to a good friendship?
- What are some strategies to handle peer pressure?
- What are the benefits of prescription drugs when used correctly?
- What are the effects of alcohol use on the body?
- What are some healthy stress management techniques?
- What are the effects of nicotine use on the body?

Big Ideas

- Setting Reachable Goals
- Making Responsible Decisions
- Identifying and Managing Emotions
- Effective communication
- Bonding and Relationships
- Managing Peer Pressure
- Understanding the Safe Use of Prescription and OTC Medicines
- Effects of Alcohol Use
- Stress Management
- Effects of Nicotine

Enduring Understanding

2.3.5.ATD.1

2.3.5.ATD.2

2.3.5.ATD.3

Resources

L.E.A.D Too Good for Drugs grade 3

GRADE 4

Unit: L.E.A.D. Too Good for Drugs

Content Area: CHPE

Course: Health, Drugs ATOD

Time Period: MP 1-4

Length: weekly

Status: --

Essential Questions

- What are the benefits of setting personal goals?
- What are the steps to making responsible decisions?
- What are some healthy ways to express your feelings?
- How do courtesy and respect contribute to a good friendship?
- What are some strategies to handle peer pressure?
- What are the benefits of prescription drugs when used correctly?
- What are the effects of first and secondhand smoke on the body?
- What are the effects of alcohol on the body?
- What is the difference between healthy and unhealthy behavior?

Big Ideas

- Goal setting
- Decision making
- Identifying and Managing Emotions
- Bonding and relationships
- Peer pressure refusal
- Effects of alcohol Use
- Effects of tobacco use
- Understanding the Safe Use of prescription and over the counter drugs
- Healthy choices

Enduring Understanding

2.3.5.ATD.1

2.3.5.ATD.2

2.3.5.ATD.3

Resources

L.E.A.D Too Good for Drugs grade 4