**Fly Five-Grade 3**

**Content Area** Social Emotional Learning

**Courses: Fly Five**

**Time Period:** Extended Summer Program

**Essential Questions**

How can we help develop appropriate, culturally accurate and situation-appropriate social and emotional competence?

**Big Ideas**

Students can be explicitly taught to develop social and emotional competence through skill development.

The social emotional standards are based on five competencies that form the CARES framework: cooperation, assertiveness, responsibility, empathy, and self-control. Each competency contains a set of educational standards that describe what a socially and emotionally competent learner should know and be able to do.

**Technology Integration:**

Google classroomSmartTV, Powerpoint, Smart Notebook, Resources can be embedded into Morning Meeting.

**Enduring Understandings**

* Social competence refers to one’s ability to make positive contributions to their community and society, and their ability to cooperate well with others.
* Emotional competence refers to one’s ability to identify and understand their emotions and how those emotions can impact their thoughts, behaviors, and attitude. It involves understanding that emotions can be processed so one can remain calm, focused, and successful even in the face of negative feelings.

**Resources**

Google Classroom

PowerPoints/Smart Notebook

Read Aloud/ Book/Video

Posters

Vocabulary

WorkBooks

Fly Five Teacher Lesson Guide

**Lessons: Competencies**

**Cooperation Unit**

* *STANDARD 1: Able to make & keep friends*
	+ *Able to expand friendships outside of established ones.*
* *STANDARD 2: Works with others toward a common goal*
	+ *Accepts group failure without blaming others*
* *STANDARD 3: Resolves Differences quickly*
	+ *Willing to reach mutually agreeable solutions through conversation*
* *STANDARD 4: Cooperates as a group leader or a member of the group*
	+ *Participates well as a member of the group regardless of one's role or the roles of others.*
* *STANDARD 5: Exhibits helpfulness*
	+ *Recognizes how completing some tasks can positively affect classroom peers*

**Assertiveness Unit**

* *STANDARD 1: Expresses strong emotions and opinions effectively*
	+ *Can identify stress in oneself*
* *STANDARD 2: Able to seek help*
	+ *Unafraid to ask for helo with learning*
* *STANDARD 3: Shows openness and honesty*
	+ *Tells the truth when asked to explain one’s actions*
* *STANDARD 4: Persists through challenging events*
	+ *Completel work from start to finish without giving up*
* *STANDARD 5: Takes the initiative to do what is right, fair and just*
	+ *When faced with a choice makes the morally right decision*
* *STANDARD 6: Makes choices one feels good about later*
	+ *Avoids speaking or acting in ways that can be hurtful to others*

**Responsibility Unit**

* *STANDARD 1: Selects the best option among choices for a suitable outcome*
	+ *Sets own reminders to honor responsibilities or meet expectations*
* *STANDARD 2: Holds oneself accountable*
	+ *Does not justify one's wrongful actions of others*
* *STANDARD 3: Demonstrates social, civic, and digital responsibility*
	+ *Aware that communicating with online strangers can lead to real-life dangers*
* *STANDARD 4: Takes care of property*
	+ *Understands that damaging property is disrespectful and harms the whole community*

**Empathy Unit**

* *STANDARD 1: Recognizes and manages one’s own emotions and recognizes the emotions of others*
	+ *Makes the connection between anticipation with anxiety ans feeling stressed*
* *STANDARD 2: Respects and values diversity in others*
	+ *Values the points of view of othrs*
* *STANDARD 3: Respects differing cultural norms*
	+ *Recognizes that differences in cultural norms do not lessen the value of people from those cultures*
* *STANDARD 4: Aware of the impact of one’s actions on others*
	+ *Listens carefully to others*

**Self-Control Unit**

* *STANDARD 1: Adheres to social, behavioral and moral standards*
	+ *Understands and can explain why the social, behavioral, or moral standards in a given situation are important to follow*
* *STANDARD 2: Manages overwhelming thoughts or emotions*
	+ *Puts in the effort to remain calm and focused handling strong emotions or uncomfortable feelings*
* *STANDARD 3: Controls impulses and delays gratification*
	+ *Identifies tha value if delayed gratification*
* *STANDARD 4: Shows hope and perserverance*
	+ *Uses hopeful thinking as a motivator for successfully completing challenging tasks*