



Personal Health Series Peer Pressure

Name: Date:

Scene 2

S ofia: I wish you would try out for the school musical with me.

Maia: But I don't sing. I play basketball.

S ofia: Who says you can't do both? Besides, I've heard you sing. I know you have a great voice.

Maia: Me? No, I don't.

Sofia: Yes, you do. You have a beautiful voice. You just try to hide it.

Maia: Well, it's embarrassing to sing in public.

S ofia: Why is it any different than making a jump shot in front of hundreds of people?

Maja: I don't know. It just is.

S ofia: Well, it can't hurt to try, can it? Plus, Josie and Nina are already going. It would be so cool for all

four of us to do it together.

Maia: What if I bomb?

S ofia: I'm pretty sure you won't bomb. But if you do, I'll buy you a milkshake to make you feel better.

Look, just think about it, OK? And stop worrying so much. It'll be fun!

Who's doing the pressuring?	
What kinds of words is she using to do it?	
What effect might those words have?	
Is influence being used in a positive or negative way?	





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Name:	Date:
Great Escapes	
Instructions: When peer pressure comes knocking, it's a good following scenarios and write three comebacks for each to ge	idea to have a few responses ready to help you "escape." Read the it you out of the sticky situations.
Exam ple You're at a convenience store, and a friend stuffs a your coat pocket. 1. "Dude, really? I'm not a thief." 2. "No way - my parole officer said one more strike a 3. "All this junk food must be going to your brain. I'm	a thief. All this junk food must be going to
You have a math test in 7th period. Your friend, wh it to you. 1. 2. 3.	o had the same test in 3rd period, steals a copy and offers
Your friend wants you to pretend you're her mom at 1. 2. 3.	nd call in sick for her so she can cut school.
Your friend thinks it would be funny to block up a to 1. 2. 3.	vilet in the boys' bathroom.
You've had a bad day and your friend says he has just 1. 2. 3.	
Your friend shows you an inappropriate picture of the it to everyone you know. 1. 2. 3.	ne girl who just broke up with him. He wants you to forward