

# WINN: What I Need Now Elective

**Grades:** 4–8

**Frequency:** Daily (or as scheduled)

**Duration:** 30 minutes

## Purpose

To provide targeted support that meets each student's immediate academic and social-emotional needs, fostering growth in organization, learning habits, and self-regulation.

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## Structure of the 30-Minute WINN Period

### 1. Check-In & Goal-Setting (5 minutes)

- Brief **emotional check-in** (mood meter, thumbs up/down, or quick reflection question).
- Review **personalized agenda** for the session.
- Students identify their **immediate need** for the day (e.g., finish an assignment, review a skill, practice mindfulness, organize materials).

### 2. Targeted WINN Time (15–18 minutes)

- **Flexible groupings or 1:1 support** based on current needs:
  - **Academic Focus:**
    - Skill reinforcement (math facts, reading comprehension strategies, writing support).
    - Homework help or catching up on missing work.
    - Enrichment for students ready to go beyond grade-level standards.
  - **Organization Focus:**
    - Binder/backpack clean-out.

- Calendar or planner updates.
  - Prioritizing upcoming assignments/tests.
  - **Social-Emotional & Behavior Focus:**
    - Coping strategies (mindfulness, deep breathing, reflection).
    - Peer relationship support/conflict resolution.
    - Quick behavior coaching/check-in with staff.
  - 3. **Reset & Brain Break (3–5 minutes)**
    - Brief physical movement, mindfulness activity, or quiet reset to regulate energy and attention.
  - 4. **Wrap-Up & Reflection (3–5 minutes)**
    - Students share **what they accomplished** during WINN time.
    - Quick self-assessment:
      - Did I meet my goal?
      - What do I still need?
    - The teacher helps identify next steps for future WINN sessions.
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## **Weekly Focus Themes (Rotating or as needed)**

- **Week 1: Organization & Planning**
  - Cleaning out materials, prioritizing tasks, creating checklists.
- **Week 2: Academic Catch-Up/Enrichment**
  - Focused reteaching or deeper enrichment projects.
- **Week 3: Social-Emotional Growth**

- Stress management, mindfulness, and communication skills.
  - **Week 4: Behavior & Self-Management**
    - Reflection on behavior goals, strategies for success.
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## Teacher/Staff Role

- **Facilitator & Coach:** Observe and guide students based on their needs.
  - **Data-Informed Support:** Use current academic/behavior data to target interventions.
  - **Flexible Grouping:** Adjust support groups daily based on changing needs.
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## Key Features

- ✓ **Highly Flexible** – Each student's agenda can change daily.
- ✓ **Immediate Impact** – Focused time for quick wins and removing barriers to success.
- ✓ **Balanced Growth** – Academic AND social-emotional needs addressed.
- ✓ **Student Ownership** – Students learn to self-identify needs and reflect on progress.