

# Career Awareness, Exploration and Preparation

## Copied from: 8th Grade Health , Copied on: 12/05/22

Content Area: **P.E. & Health**  
Course(s): **Health 8, 21st Century Skills**  
Time Period: **Marking Period 1**  
Length: **Days 1-3**  
Status: **Published**

### Essential Questions

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- What do I want to be when I grow up?

### Big Ideas

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- It is critical to apply knowledge about and engage in the process of career awareness, exploration, and preparation in order to navigate the globally competitive work environment of the information age.

### Enduring Understandings

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#### 9.2.B. Career Exploration Day 1

9.2.8.B.3 [M] Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.

9.2.8.B.5 [M] Analyze labor market trends using state and federal labor market information and other resources available online.

9.2.8.B.6 [M] Demonstrate understanding of the necessary preparation and legal requirements to enter the workforce.

#### 9.2.B. Career Exploration Day 2

9.2.8.B.1 [M] Research careers within the 16 Career Clusters and determine attributes of career success.

9.2.8.B.4 [M] Evaluate how traditional and nontraditional careers have evolved regionally, nationally, and globally.

#### 9.2.B. Career Exploration Day 3

9.2.8.B.2[M] Develop a Personalized Student Learning Plan with the assistance of an adult mentor that includes information about career areas of interest, goals and an education plan.

9.2.8.B.7 [M] Evaluate the impact of online activities and social media on employer decisions.

## Resources

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Learning for Life, Career Exploration Lessons: <http://www.learningforlife.org/wp-content/documents/Career-Exploration-Lessons-for-Sixth-and-Seventh-Grades.pdf>

Career Vision, Employment Outlook 2014: Where Are the Jobs Going to Be? <http://careervision.org/employment-outlook-2014-jobs-going-2/>

Career Vision, The Concept of Career Clusters: <http://careervision.org/career-clusters-2/>

Career Vision, Backwards Planning: A Great Strategy for Those Who Find It Hard to Get Started: <http://careervision.org/backwards-planning-great-strategy-find-hard-get-started/>

*Totally Awesome Health, Macmillan/McGraw-Hill grade 8*

Unit 8

Lesson: 40 How to Investigate Health Careers