Career Awareness, Exploration and Preparation
Copied from: 8th Grade Health , Copied on: 12/05/22

Content Area: **P.E. & Health**
Course(s): **Health 8, 21st Century Skills**
Time Period: **Marking Period 1**
Length: **Days 1-3**
Status: **Published**

Essential Questions

- What do I want to be when I grow up?

Big Ideas

- It is critical to apply knowledge about and engage in the process of career awareness, exploration, and preparation in order to navigate the globally competitive work environment of the information age.

Enduring Understandings

9.2.B. Career Exploration Day 1

9.2.8.B.3 [M] Evaluate communication, collaboration, and leadership skills that can be developed through school, home, work, and extracurricular activities for use in a career.

9.2.8.B.5 [M] Analyze labor market trends using state and federal labor market information and other resources available online.

9.2.8.B.6 [M] Demonstrate understanding of the necessary preparation and legal requirements to enter the workforce.

9.2.B. Career Exploration Day 2

9.2.8.B.1 [M] Research careers within the 16 Career Clusters and determine attributes of career success.

9.2.8.B.4 [M] Evaluate how traditional and nontraditional careers have evolved regionally, nationally, and globally.

9.2.B. Career Exploration Day 3

9.2.8.B.2[M] Develop a Personalized Student Learning Plan with the assistance of an adult mentor that includes information about career areas of interest, goals and an education plan.

9.2.8.B.7 [M] Evaluate the impact of online activities and social media on employer decisions.

Resources

Learning for Life, Career Exploration Lessons: http://www.learningforlife.org/wp- content/documents/Career-Exploration-Lessons-for-Sixth-and-Seventh-Grades.pdf

Career Vision, Employment Outlook 2014: Where Are the Jobs Going to Be? http://careervision.org/employment-outlook-2014-jobs-going-2/

Career Vision, The Concept of Career Clusters: http://careervision.org/career-clusters-2/

Career Vision, Backwards Planning: A Great Strategy for Those Who Find It Hard to Get Started: http://careervision.org/backwards-planning-great-strategy-find-hard-get-started/

Totally Awesome Health, Macmillan/McGraw-Hill grade 8

Unit 8

Lesson: 40 How to Investigate Health Careers