Unit 1-4B Pregnancy and Parenting

Content Area: **P.E. & Health**
Course(s): **Health 8**
Time Period: **MP1-4**
Length: **Day 6**
Status: **Published**

Essential Questions

- What happens in the first week after conception?
- What happens during labor and childbirth?
- What are reasons I should practice abstinence and avoid teen pregnancy and parenthood?

Big Ideas

- Pregnancy, childbirth, and parenthood are significant events that cause numerous changes in one's life and the lives of others.
- There are a variety of factors that affect the social, emotional, and financial challenges that are associated with parenthood.
- An awareness of the stages of pregnancy and prenatal care can contribute to a healthy pregnancy and the birth of a healthy child.

Firearm Safety

Lesson Plan: Gun Safety
Eighth Grade
NJSLS 2.3.8.PS.1
Assess the degree of risk in a variety of situations, and identify strategies needed to reduce and deliberate and non-deliberate injuries to self and others (e.g., digital safety, sexting, dating violence, gang violence, human trafficking, nonconsensual sexual encounters, other threats of violence).

Duration: 30-45 minutes
Objectives:

1. Students will learn of current statistics

2. Students will learn gun safety rules

3. Students will play game using gun safety rules

Materials: • Smart tv• PowerPoint-Slides ‘Sixth Grade Gun Safety Lesson.’

Method:

1. Deliver instruction with PowerPoint linked here
    a. Current statistics on unintentional gun related injuries and deaths
    b. Gun Safety Rules
        i. When encountering a gun
        ii. Before encountering a gun
        iii. Upon learning information regarding a gun
2. Students watch the National Sport Shooting Foundation’s Gun Safety Video: It’s Your Call: Playing it Safe Around Guns
    a. Students answer questions pertaining to video.
        i. How can we keep our family members safe from accidents involving guns?
3. Students discuss scenarios prompted by questions: What would you do?
    a. A friend has brought a gun to school. They show you.
    b. You see someone has brought a gun to school and is showing another student.
    c. You overhear two students talking about bringing a gun to school.
    d. Someone is showing you a gun at a friend or relative’s house.
4. Students discuss the Gun Safety Pledge to sign with parent

Safe Touch

Erin's Law

Activity: Students will complete the Suite 360 lesson "What is Harassment?"

Enduring Understandings

2.1.8.PP.1: Describe pregnancy testing, the signs of pregnancy, and pregnancy options, including parenting, abortion, and adoption.

2.1.8.PP.2: Summarize the stages of pregnancy from fertilization to birth.

2.1.8.PP.3: Identify prenatal practices that support a healthy pregnancy and identify where to find medically accurate sources of information about prenatal care.

2.1.8.PP.4: Predict challenges that may be faced by adolescent parents and their families.

2.1.8.PP.5: Identify resources to assist with parenting.

Resources

- Pregnancy:

https://teenshealth.org/en/teens/bc-chart.html?WT.ac=ctg#catcontraception

- https://www.youtube.com/watch?v=XEfnq4Q4bfk

Family Life Lessons

Topic: Pregnancy and birth

Objectives:

Students will be able to label the stages of fertilization to birth formative assessments.

Students will be able to explain the signs of pregnancy and options of parenting.

Students will be able to identify the importance of healthful prenatal care.

Students will be able to identify the dangers of prenatal use of tobacco, drugs, and alcohol.

8th Grade Standards:

2.1.8.PP.1: Describe pregnancy testing, the signs of pregnancy, and pregnancy options, including parenting, abortion, and adoption.

- Old standard best comparison: 2.4.6.C.2 Identify the signs and symptoms of pregnancy.

2.1.8.PP.2: Summarize the stages of pregnancy from fertilization to birth.

- Old standard best comparison: 2.4.6.C.1 Summarize the sequence of fertilization, embryonic growth, and fetal development during pregnancy

2.1.8.PP.3: Identify prenatal practices that support a healthy pregnancy and identify where to find medically accurate sources of information about prenatal care.

- Old standard best comparison: 2.4.6.C.3 Identify prenatal practices that support a healthy pregnancy. Adolescent parents may have difficulty adjusting to emotional and financial responsibilities of

parenthood.

Procedures:

1. Intro video on the stages of fertilization to birth. Students complete stages of pregnancy hand out.
2. Teacher and student review/explanation of the stages of pregnancy.
3. Exit Ticket Why is it risky and dangerous to the baby if a mother to choses to use tobacco, drugs, or alcohol?

Description:

Teacher reviews fertilization which is when the female sex cell (egg) and the male sex cell (sperm) meet. Pregnancy is confirmed through a pregnancy test which detects elevated levels of the HCG hormone. Teacher explains the different stages of pregnancy and importance of prenatal care using the pregnancy slideshow. Students work in groups to complete stages of pregnancy hand out.

Assessments:

Pregnancy stages hand out

Healthy Prenatal care true and false assessment

Current event article: Discussing the reversal of the Roe vs Wade decision

Resources/Materials:

Macmillan/McGraw-Hill, Totally Awesome Health, unit 3: lesson 14

Kids Health, Pregnancy Slideshow: https://kidshealth.org/en/parents/babyslideshow.html

Pregnancy 101 | National Geographic: https://www.youtube.com/watch?v=XEfnq4Q4bfk

Family Life Lesson

Topic: Parenting

Objectives:

Students will be able to develop a list of everyday challenges that new adolescent parents may face.

8th Grade Standards:

2.1.8.PP.4: Predict challenges that may be faced by adolescent parents and their families.

- Old standard best comparison: 2.4.6.C.4 Predict challenges that may be faced by adolescent parents and their families.

2.1.8.PP.5: Identify resources to assist with parenting.

Procedures:

1. Do now question: What challenges does a new mother and father face when bringing in a new born baby into their everyday lives?
2. Teacher/Student class discussion and brainstorming
3. Exit slip review questions: How do parents bond with their baby? What are reasons you should practice abstinence and avoid teen pregnancy and parenthood?

Description:

Teacher and class make a list of all the challenges teen parents face. Challenges include financial, educational, and social. Teacher presents lists of county and state programs/resources available to assist teenage parents.

Assessments:

Exit slip;essential questions for unit 3 review

Resources/Materials:

Kids Health, Bringing Your Baby Home: see link below https://kidshealth.org/en/parents/bringing-baby-home.html#catpregnancy

Macmillan/McGraw-Hill, Totally Awesome Health, unit 3: lesson 14