Unit 1-A Personal Growth and Development

Content Area: **P.E. & Health**
Course(s): **Health 8**
Time Period: **MP1-4**
Length: **Day 4**
Status: **Published**

Essential Questions

- What changes occur during adolescence?
- What behaviors promote reproductive health?

Big Ideas

- Personal lifestyle habits and genetics influence sexual development as well as overall growth patterns.
- Early detection strategies assist in the prevention and treatment of illness or disease.
- Responsible actions regarding behavior can impact the development and health of oneself and others.
- Individual actions, genetics, and family history can play a role in an individual's personal health.

Firearm Safety

Lesson Plan: Gun Safety
Eighth Grade
Duration: 30-45 minutes
Objectives:
1. Students will learn of current statistics
2. Students will learn gun safety rules
3. Students will play game using gun safety rules
Materials: • Smart tv• PowerPoint-Slides 'Sixth Grade Gun Safety Lesson.'
Method:
47. Lecture with PowerPoint Topics to be covered
a. Current statistics on unintentional gun related injuries and deaths
b. Gun Safety Rules
i. When encountering a gun
ii. Before encountering a gun
iii. Upon learning information regarding a gun
48. Students watch the National Sport Shooting Foundation's Gun Safety Video: It's Your Call: Playing it Safe Around Guns
a. Students answer questions pertaining to video.
i. How can we keep our family members safe from accidents involving guns?

49. Students discuss scenarios prompted by questions: What would you do?
a. A friend has brought a gun to school. They show you.
b. You see someone has brought a gun to school and is showing another student.
c. You overhear two students talking about bringing a gun to school.
d. Someone is showing you a gun at a friend or relative's house.
50. Students discuss the Gun Safety Pledge to sign with parent

Career Education Integration

Core Idea

Identify various life roles and civic and work-related activities in the school, home, and community.

Connection

Athletic Careers Explore lesser known careers associated with Physical Education.

Enduring Understandings

2.1.8.PGD.1: Explain how appropriate health care can promote personal health.

2.1.8.PGD.2: Analyze how genetics and family history can impact personal health.

2.1.8.PGD.3: Describe the human reproductive systems, the external and internal body parts and their functions, and the natural variations that exist in human bodies.

2.1.8.PGD.4: Analyze the relationship between healthy behaviors and personal health.

Family Life Lesson

Topic: Reproduction

Objectives:

Students will be able to identify what actions lead to human reproduction

8th Grade Standards:

2.1.8.PGD.3: Describe the human reproductive systems, the external and internal body parts and their functions, and the natural variations that exist in human bodies.

Procedures:

1. Intro to male and female reproductive systems. Review slide show of anatomy and vocabulary of both the male and female reproductive systems. Students complete vocabulary.

2. Teacher explanation and online slideshow of the male and female reproductive systems and how they are used during sex with correlation to fertilization of the egg.

3. Exit slip label the male and female reproductive systems students hand out chart.

Description:

Students will complete a DoNow of a preassessment of the male and female anatomy. The teacher will identify and define the parts of both reproductive systems. Teacher will explain females prodeuce the sex cell which is the egg, while males produce a sex cell which is sperm. When the egg and sperm meet fertilization occurs Students view the links for each reproductive system independently. Then, will work in collaborative groups to reinforce the functions and locations of each system.

Assessments:

Vocabulary words

Chart labels of Male and Female Reproductive systems

Resources/Materials:

Kids Health for Teens, The Female Reproductive System: see link below
https://kidshealth.org/en/teens/female-reproductive-slides.html#catchanging-body

Kids Health for Teens, The Male Reproductive System: see link below https://kidshealth.org/en/teens/male-repro.html#catchanging-body

Macmillan/McGraw-Hill, Totally Awesome Health, unit 3: lesson 11, p. 90 only; lesson 12

Resources

teenshealth.org/en/teens/male-repro.html?WT.ac=ctg#catguys

- Female Reproductive System:

https://teenshealth.org/en/teens/female-repro.html?WT.ac=ctg#catfood
https://kidshealth.org/en/teens/female-reproductive-slides.html

- Prevention and Treatment:

https://teenshealth.org/en/teens/std.html?WT.ac=ctg#catstds