

Unit 1-A Personal Growth and Development

Content Area: **P.E. & Health**
Course(s): **Health 8**
Time Period: **MP1-4**
Length: **Day 4**
Status: **Published**

Essential Questions

- What changes occur during adolescence?
- What behaviors promote reproductive health?

Big Ideas

- Personal lifestyle habits and genetics influence sexual development as well as overall growth patterns.
- Early detection strategies assist in the prevention and treatment of illness or disease.
- Responsible actions regarding behavior can impact the development and health of oneself and others.
- Individual actions, genetics, and family history can play a role in an individual's personal health.

Career Education Integration

Core Idea

Identify various life roles and civic and work-related activities in the school, home, and community.

Connection

Athletic Careers Explore lesser known careers associated with Physical Education.

Family Life Lesson

Topic: Reproduction

Objectives:

Students will be able to identify what actions lead to human reproduction

8th Grade Standards:

2.1.8.PGD.3: Describe the human reproductive systems, the external and internal body parts and their functions, and the natural variations that exist in human bodies.

Procedures:

1. Intro to male and female reproductive systems. Review slide show of anatomy and vocabulary of both the male and female reproductive systems. Students complete vocabulary.
2. Teacher explanation and online slideshow of the male and female reproductive systems and how they are used during sex with correlation to fertilization of the egg.
3. Exit slip label the male and female reproductive systems students hand out chart.

Description:

Students will complete a DoNow of a preassessment of the male and female anatomy. The teacher will identify and define the parts of both reproductive systems. Teacher will explain females produce the sex cell which is the egg, while males produce a sex cell which is sperm. When the egg and sperm meet fertilization occurs. Students view the links for each reproductive system independently. Then, will work in collaborative groups to reinforce the functions and locations of each system.

Assessments:

Vocabulary words

Chart labels of Male and Female Reproductive systems

Resources/Materials:

Kids Health for Teens, The Female Reproductive System: see link below

<https://kidshealth.org/en/teens/female-reproductive-slides.html#catchanging-body>

Kids Health for Teens, The Male Reproductive System: see link below <https://kidshealth.org/en/teens/male-repro.html#catchanging-body>

Macmillan/McGraw-Hill, Totally Awesome Health, unit 3: lesson 11, p. 90 only; lesson 12

Enduring Understandings

2.1.8.PGD.1: Explain how appropriate health care can promote personal health.

2.1.8.PGD.2: Analyze how genetics and family history can impact personal health.

2.1.8.PGD.3: Describe the human reproductive systems, the external and internal body parts and their functions, and the natural variations that exist in human bodies.

2.1.8.PGD.4: Analyze the relationship between healthy behaviors and personal health.

Resources

teenshealth.org/en/teens/male-repro.html?WT.ac=ctg#catguys

- Female Reproductive System:

<https://teenshealth.org/en/teens/female-repro.html?WT.ac=ctg#catfood>

<https://kidshealth.org/en/teens/female-reproductive-slides.html>

- Prevention and Treatment:

<https://teenshealth.org/en/teens/std.html?WT.ac=ctg#catstds>