Unit 1-4C Dependency, Substances Disorder and Treatment

Content Area: **P.E. & Health**
Course(s): **Health 7**
Time Period: **MP1-4**
Length: **3 Days**
Status: **Published**

Essential Questions

- How do drugs and alcohol affect the human body?

Big Ideas

- A variety of factors can contribute to alcohol, tobacco, and drug disorders (e.g., mental health, genetics, environment) and a wide variety of treatment options are available depending on the needs of the individual.

- The use of alcohol and drugs can affect the social, emotional, and physical behaviors of individuals and their families.

New Jersey Legislative Statute Breast Self-Examination (N.J.S.A. 18A:35-5.4)

Objective: Students will develop an understanding about breast cancer including the steps to completing a self breast examination.

Activity: Students will be instructed by the school nurse how to complete a self breast examination.

Enduring Understandings

2.3.8.DSDT.1: Summarize the signs and symptoms of alcohol, tobacco, and drug disorders.

2.3.8.DSDT.2: Compare and contrast the various services that are available for individuals affected by substance disorders in the community and at the state level.

2.3.8.DSDT.3: Determine the impact that alcohol and drugs can have on an individual's social, emotional, and physical well-being.

2.3.8.DSDT.4: Examine how alcohol and drug disorders can impact the social, emotional, and physical lives of friends and family members.

2.3.8.DSDT.5: Compare and contrast the various services that are available for family members and others

affected by substance disorders in the community and at the state level.

Resources

- BrainPop-Drugs
- Alcohol: https://www.youtube.com/watch?v=gCrmFbgT37I
- Substance Disorders: https://www.youtube.com/watch?v=s0bqT_hxMwI

https://www.kidshealth.org/en/teens/addictions.html#catgetting-help