# Unit 1-4B Alcohol, Tobacco, Drugs and Firearm Safety

Content Area: **P.E. & Health**
Course(s): **Health 7**
Time Period: **MP1-4**
Length: **2 Days**
Status: **Published**

## Essential Questions

- What protective factors will help me stay away from drugs?
- Why is it risky to use tobacco even one time?
- Why is there no such thing as “responsible teen drinking?”

## Enduring Understandings

2.3.8.ATD.1: Examine how the use of alcohol, tobacco, and other drugs by adolescents has impacted their lives and the lives of family members socially, emotionally, and physically.

2.3.8.ATD.2: Relate the use of alcohol and other drugs to decision-making, consent, and risk for sexual assault and abuse.
2.3.8.ATD.3: Determine the factors that contribute to different rules, laws, and policies in schools, communities, and states regarding alcohol, tobacco (including e-cigarettes, vaping, cannabis products), and other drugs.
2.3.8.ATD.4: Explain the impact of alcohol and other drugs on areas of the brain that control vision, sleep, coordination, reaction time, judgment, and memory.
2.3.8.ATD.5: Analyze how the influence of peers and different social settings (e.g., home, school, party) can result in positive and/or negative outcomes

## Firearm Safety

Lesson Plan: Gun Safety
Seventh Grade
NJSLS 2.3.8.PS.1
Assess the degree of risk in a variety of situations, and identify strategies needed to reduce and deliberate and non-deliberate injuries to self and others (e.g., digital safety, sexting, dating violence, gang violence, human trafficking, nonconsensual sexual encounters, other threats of violence).

Duration: 30-45 minutes
Objectives:

1. Students will learn of current statistics

2. Students will learn gun safety rules

3. Students will play game using gun safety rules

Materials: • Smart tv• PowerPoint-Slides ‘Seventh Grade Gun Safety Lesson.’

Method:

1. Deliver instruction with PowerPoint linked here
    a. Current statistics on unintentional gun related injuries and deaths
    b. Gun Safety Rules
        i. When encountering a gun
        ii. Before encountering a gun
        iii. Upon learning information regarding a gun
2. Students play Gun Safety Rules Charades
3. Watch the Ad Council’s Gun Safety Video: Kids Find Everything
    a. Students answer questions pertaining to video.
        i. How can we keep our family members safe from accidents involving guns?
4. Students watch News 6 Investigators Report
    a. How can we keep our younger siblings, family members and friends safe from accidents involving guns?
5. Role Play exercise: Practice what to do in a scenario
        i. A friend shows you a gun they brought to school. What do you do?
        ii. You overhear two students talking about bringing a gun to school. What do you do?
        iii. A friend shows you a gun in their home and starts to play with it. What do you do?
6. Students review gun safety rules
    a. Stop, Do not touch, get away, tell an adult
7. Students discuss the Gun Safety Pledge to sign with parent

## Resources

- Smoking/Tobacco: https://teenshealth.org/en/teens/smoking.html?WT.ac=ctg#cattobacco

https://teenshealth.org/en/teens/smokeless.html?WT.ac=ctg#cattobacco

- Alcohol: https://teenshealth.org/en/teens/alcohol.html?WT.ac=ctg#catalcohol

BrainPop-Alcohol

- Vaping: https://www.scholastic.com/youthvapingrisks/pdfs/MiddleSchoolStudentMagazine.pdf