

Unit 1-4B Alcohol, Tobacco, Drugs and Firearm Safety

Content Area: **P.E. & Health**
Course(s): **Health 7**
Time Period: **MP1-4**
Length: **2 Days**
Status: **Published**

Essential Questions

- What protective factors will help me stay away from drugs?
- Why is it risky to use tobacco even one time?
- Why is there no such thing as “responsible teen drinking?”

Enduring Understandings

2.3.8.ATD.1: Examine how the use of alcohol, tobacco, and other drugs by adolescents has impacted their lives and the lives of family members socially, emotionally, and physically.

2.3.8.ATD.2: Relate the use of alcohol and other drugs to decision-making, consent, and risk for sexual assault and abuse.

2.3.8.ATD.3: Determine the factors that contribute to different rules, laws, and policies in schools, communities, and states regarding alcohol, tobacco (including e-cigarettes, vaping, cannabis products), and other drugs.

2.3.8.ATD.4: Explain the impact of alcohol and other drugs on areas of the brain that control vision, sleep, coordination, reaction time, judgment, and memory.

2.3.8.ATD.5: Analyze how the influence of peers and different social settings (e.g., home, school, party) can result in positive and/or negative outcomes

Firearm Safety

Lesson Plan: Gun Safety

Seventh Grade

NJSLS 2.3.8.PS.1

Assess the degree of risk in a variety of situations, and identify strategies needed to reduce and deliberate and non-deliberate injuries to self and others (e.g., digital safety, sexting, dating violence, gang violence, human trafficking, nonconsensual sexual encounters, other threats of violence).

Duration: 30-45 minutes

Objectives:

1. Students will learn of current statistics

2. Students will learn gun safety rules
3. Students will play game using gun safety rules

Materials: • Smart tv• PowerPoint-Slides 'Seventh Grade Gun Safety Lesson.'

Method:

1. Deliver instruction with PowerPoint linked [here](#)
 - a. Current statistics on unintentional gun related injuries and deaths
 - b. Gun Safety Rules
 - i. When encountering a gun
 - ii. Before encountering a gun
 - iii. Upon learning information regarding a gun
2. Students play Gun Safety Rules Charades
3. Watch the Ad Council's Gun Safety Video: Kids Find Everything
 - a. Students answer questions pertaining to video.
 - i. How can we keep our family members safe from accidents involving guns?
4. Students watch News 6 Investigators Report
 - a. How can we keep our younger siblings, family members and friends safe from accidents involving guns?
5. Role Play exercise: Practice what to do in a scenario
 - i. A friend shows you a gun they brought to school. What do you do?
 - ii. You overhear two students talking about bringing a gun to school. What do you do?
 - iii. A friend shows you a gun in their home and starts to play with it. What do you do?
6. Students review gun safety rules
 - a. Stop, Do not touch, get away, tell an adult
7. Students discuss the Gun Safety Pledge to sign with parent

Resources

- Smoking/Tobacco:
<https://teenshealth.org/en/teens/smoking.html?WT.ac=ctg#cattobacco>

<https://teenshealth.org/en/teens/smokeless.html?WT.ac=ctg#cattobacco>

- Alcohol:
<https://teenshealth.org/en/teens/alcohol.html?WT.ac=ctg#catalcohol>

BrainPop-Alcohol

- Vaping:
<https://www.scholastic.com/youthvapingrisks/pdfs/MiddleSchoolStudentMagazine.pdf>

