

Unit 1-4B Personal Safety

Content Area: **P.E. & Health**
Course(s): **Health 6**
Time Period: **MP1-4**
Length: **Days 1-2**
Status: **Published**

Essential Questions

- How can one be responsible when using social media?
- How can technology and social media affect relationships?
- How can one protect themselves from deliberate and non-deliberate injuries?

Big Ideas

- Awareness of potential risks factors and knowledge of strategies to evaluate choices and potential consequences can help to reduce negative impacts when confronted with difficult or unsafe situations.
- Technology can impact the capacity of individuals to develop and maintain healthy behaviors and interpersonal relationships.

Career Education Integration

9.2.8.CAP.7 Devise a strategy to minimize costs of postsecondary education.

Connection/Activity

Explore lesser known careers associated with Physical Education

Enduring Understandings

- 2.3.8.PS.1: Assess the degree of risk in a variety of situations, and identify strategies needed to reduce deliberate and non-deliberate injuries to self and others (e.g., digital safety, sexting, dating violence, domestic violence, gang violence, human trafficking, nonconsensual sexual encounters, other threats of violence).
- 2.3.8.PS.6: Demonstrate strategies to use social media safely, legally, and respectfully (e.g., sexting, sextortion).
- 2.3.8.PS.7: Evaluate the impact of technology and social media on relationships (e.g., consent,

communication, respect).

Firearm Safety

Lesson Plan: Gun Safety

Sixth Grade

NJSLS 2.3.8.PS.1

Assess the degree of risk in a variety of situations, and identify strategies needed to reduce and deliberate and non-deliberate injuries to self and others (e.g., digital safety, sexting, dating violence, gang violence, human trafficking, nonconsensual sexual encounters, other threats of violence).

Duration: 30-45 minutes

Objectives:

1. Students will learn of current statistics
2. Students will learn gun safety rules
3. Students will play game using gun safety rules

Materials: • Smart tv• PowerPoint-Slides 'Sixth Grade Gun Safety Lesson.'

Method:

1. Deliver instruction with PowerPoint linked [here](#)
 - a. Current statistics on unintentional gun related injuries and deaths
 - b. Gun Safety Rules
 - i. When encountering a gun
 - ii. Before encountering a gun
 - iii. Upon learning information regarding a gun
2. Students play Gun Safety Rules Charades
3. Watch the Ad Council's Gun Safety Video: Kids Find Everything
 - a. Students answer questions pertaining to video.
 - i. How can we keep our family members safe from accidents involving guns?
4. Students watch News 6 Investigators Report
 - a. How can we keep our younger siblings, family members and friends safe from accidents involving guns?
5. Role Play exercise: Practice what to do in a scenario
 - i. A friend shows you a gun they brought to school. What do you do?
 - ii. You overhear two students talking about bringing a gun to school. What do you do?
 - iii. A friend shows you a gun in their home and starts to play with it. What do you do?
6. Students review gun safety rules
 - a. Stop, Do not touch, get away, tell an adult
7. Students discuss the Gun Safety Pledge to sign with parent

Resources

- <https://nationalgangcenter.ojp.gov/about/faq#faq-3-is-the-gang-problem-changing>
- <https://www.youtube.com/watch?v=IZwVT6WnPQY>
- https://www.youtube.com/watch?v=DiI8Lj0_TGQ
- <https://kidshealth.org/en/parents/social-media-smarts.html#catsafebasics>

- NJSA 18A:37-34 | MBOE Policy 6142.4 Physical Education and Health: Dating Violence