Unit 1-4B Personal Safety

Content Area: **P.E. & Health**
Course(s): **Health 6**
Time Period: **MP1-4**
Length: **Days 1-2**
Status: **Published**

Essential Questions

- How can one be responsible when using social media?
- How can technology and social media affect relationships?
- How can one protect themself from deliberate and non-deliberate injuries?

Big Ideas

- Awareness of potential risks factors and knowledge of strategies to evaluate choices and potential consequences can help to reduce negative impacts when confronted with difficult or unsafe situations.
- Technology can impact the capacity of individuals to develop and maintain healthy behaviors and interpersonal relationships.

Career Education Integration

9.2.8.CAP.7 Devise a strategy to minimize costs of postsecondary education.

Connection/Activity

Explore lesser known careers associated with Physical Education

Enduring Understandings

2.3.8.PS.1: Assess the degree of risk in a variety of situations, and identify strategies needed to reduce deliberate and non-deliberate injuries to self and others (e.g., digital safety, sexting, dating violence, domestic violence, gang violence, human trafficking, nonconsensual sexual encounters, other threats of violence).
2.3.8.PS.6: Demonstrate strategies to use social media safely, legally, and respectfully (e.g., sexting, sextortion).
2.3.8.PS.7: Evaluate the impact of technology and social media on relationships (e.g., consent,

communication, respect).

Firearm Safety

Lesson Plan: Gun Safety
Sixth Grade
NJSLS 2.3.8.PS.1
Assess the degree of risk in a variety of situations, and identify strategies needed to reduce and deliberate and non-deliberate injuries to self and others (e.g., digital safety, sexting, dating violence, gang violence, human trafficking, nonconsensual sexual encounters, other threats of violence).

Duration: 30-45 minutes
Objectives:

1. Students will learn of current statistics

2. Students will learn gun safety rules

3. Students will play game using gun safety rules

Materials: • Smart tv• PowerPoint-Slides 'Sixth Grade Gun Safety Lesson.'

Method:

1. Deliver instruction with PowerPoint linked here
    a. Current statistics on unintentional gun related injuries and deaths
    b. Gun Safety Rules
        i. When encountering a gun
        ii. Before encountering a gun
        iii. Upon learning information regarding a gun
2. Students play Gun Safety Rules Charades
3. Watch the Ad Council's Gun Safety Video: Kids Find Everything
    a. Students answer questions pertaining to video.
        i. How can we keep our family members safe from accidents involving guns?
4. Students watch News 6 Investigators Report
    a. How can we keep our younger siblings, family members and friends safe from accidents involving guns?
5. Role Play exercise: Practice what to do in a scenario
        i. A friend shows you a gun they brought to school. What do you do?
        ii. You overhear two students talking about bringing a gun to school. What do you do?
        iii. A friend shows you a gun in their home and starts to play with it. What do you do?
6. Students review gun safety rules
    a. Stop, Do not touch, get away, tell an adult
7. Students discuss the Gun Safety Pledge to sign with parent

Resources

- https://nationalgangcenter.ojp.gov/about/faq#faq-3-is-the-gang-problem-changing
- https://www.youtube.com/watch?v=IZwVT6WnPQY
- https://www.youtube.com/watch?v=DiI8Lj0_TGQ
- https://kidshealth.org/en/parents/social-media-smarts.html#catsafebasics

- NJSA 18A:37-34 | MBOE Policy 6142.4 Physical Education and Health: Dating Violence