MP2-3p L.E.A.D.-Effects of Marijuana Use

Content Area: **P.E. & Health**
Course(s): **Health 5**
Time Period: **MP2-3**
Length: **Day 10**
Status: **Published**

Essential Questions

- What are the effects of marijuana on the brain and body?
- What are the effects of marijuana use on the ability to reach goals?
- How can you use peer-pressure refusal?

Big Ideas

- Adolescents often overestimate the percentage of their peers who use marijuana.
- Children entering adolescence, who learn the negative effects of marijuana use on the brain and behavior, are more likely to have realistic perceptions about the substance and continue to make decisions to remain drug free.
- An effective course review reinforces skills and concepts, providing further opportunities to practice skills and recall information.

Enduring Understandings

2.3 Drugs and Medicines

C. Dependency/Addiction and Treatment

2.3.6.C.1[M] Summarize the signs and symptoms of a substance abuse problem and the stages that lead to dependency/addiction.

2.3.6.C.2[M] Explain how wellness is affected during the stages of drug dependency/addiction.

2.3.6.C.3[M] Determine the extent to which various factors contribute to the use and abuse of alcohol, tobacco, and other drugs by adolescents, such as peer pressure, low self-esteem, genetics, and poor role models.

2.3.6.C.4[M] Determine effective strategies to stop using alcohol, tobacco and other drugs, and that support the ability to remain drug-free.

Resources

- *Too Good for Drugs* Lesson 10: Effects of Marijuana Use and Course Review