MP2-3o L.E.A.D.-Effects of Nicotine Use

Content Area: **P.E. & Health**
Course(s): **Health 5**
Time Period: **MP2-3**
Length: **Day 9**
Status: **Published**

Essential Questions

- What are the long-term and short-term effects of using tobacco products?
- What are the benefits of quitting nicotine use and being nicotine free?
- How can you use effective peer-pressure refusal techniques in situations involving tobacco products?

Big Ideas

- Tobacco products contain the highly addictive chemical nicotine and are harmful to the body in all forms of use.
- Children who learn the negative short-term effects, long-term effects, and social consequences of using tobacco products are more likely to remain nicotine free.

Enduring Understandings

2.3 Drugs and Medicines

B. Alcohol, Tobacco, and Other Drugs

2.3.6.B.2[M] Relate tobacco use and the incidence of disease.

2.3.6.B.3[M] Compare the effect of laws, policies, and procedures on smokers and nonsmokers.

Resources

- *Too Good for Drugs* Lesson 9: Effects of Nicotine Use