MP2-3n L.E.A.D.-Effects of Alcohol

Content Area: **P.E. & Health**
Course(s): **Health 5**
Time Period: **MP2-3**
Length: **Day 8**
Status: **Published**

Essential Questions

- What are the harmful effects of alcohol on the developing brain and behavior?
- What are false expectations about the effects of alcohol?
- How can a positive peer influence someone during situations involving alcohol?
- What are the effects of alcohol use on the ability to reach one's goals?

Big Ideas

- Knowledge of the physical consequences of alcohol strengthens the decision making to remain drug free.
- Understanding the impact of the media on perceptions of alcohol can deter youth from underestimating the negative effects of the drug's use and its prevalence.
- Normative education methods effectively correct misconceptions about behavior.

Enduring Understandings

2.3 Drugs and Medicines

B. Alcohol, Tobacco, and Other Drugs

2.3.6.B.4[M] Determine the impact of the use and abuse of alcohol on the incidence of illness, injuries, and disease, the increase of risky health behaviors, and the likelihood of harm to one's health.

2.3.6.B.5[M] Determine situations where the use of alcohol and other drugs influence decision-making and can place one at risk.