

# MP2-3I L.E.A.D.-Safe Use of Medicine

Content Area: **P.E. & Health**  
Course(s): **Health 5**  
Time Period: **MP2-3**  
Length: **Day 6**  
Status: **Published**

## Essential Questions

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- What are negative reactions to personal mistakes and disappointments?
- What are the differences between positive and negative self-talk?
- What are the effects of positive and negative self-talk on feelings and actions?
- How can you use positive self-talk to manage and overcome mistakes?
- What are differences between safe and unsafe uses of prescription and over-the-counter medicines?
- What are the benefits of medicine when used correctly?
- What are the safe practices to use and store prescription and over-the-counter medicines at home?

## Big Ideas

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- Awareness of the dangerous effects of the misuse and abuse of prescription and over-the-counter drugs serves as a critical protective factor.
- Establishing a clear perception of harm about the effects of these drugs builds protection within the child to mitigate the risk of abuse or accidental misuse.
- Proactive safe storage and administration practices in the home serve to reinforce safe use of prescription medicines and prevent accidental misuse.

## Enduring Understandings

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### 2.3 Drugs and Medicines

#### A. Medicines

2.3.6.A.1[M] Compare and contrast short- and long-term effects and the potential for abuse of commonly used over-the-counter and prescription medicines and herbal and medicinal supplements.

2.3.6.A.2[M] Compare information found on over-the-counter and prescription medicines.

#### B. Alcohol, Tobacco, and Other Drugs

2.3.6.B.1[M] Explain the system of drug classification and why it is useful in preventing substance abuse.

## Resources

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- *Too Good for Drugs* Lesson 6: Safe Use of Medicine