# MP2-3l L.E.A.D.-Safe Use of Medicine

Content Area: **P.E. & Health**
Course(s): **Health 5**
Time Period: **MP2-3**
Length: **Day 6**
Status: **Published**

## Essential Questions

- What are negative reactions to personal mistakes and disappointments?
- What are the differences between positive and negative self-talk?
- What are the effects of positive and negative self-talk on feelings and actions?
- How can you use positive self-talk to manage and overcome mistakes?
- What are differences between safe and unsafe uses of prescription and over-the-counter medicines?
- What are the benefits of medicine when used correctly?
- What are the safe practices to use and store prescription and over-the-counter medicines at home?

## Big Ideas

- Awareness of the dangerous effects of the misuse and abuse of prescription and over-the-counter drugs serves as a critical protective factor.
- Establishing a clear perception of harm about the effects of these drugs builds protection within the child to mitigate the risk of abuse or accidental misuse.
- Proactive safe storage and administration practices in the home serve to reinforce safe use of prescription medicines and prevent accidental misuse.

## Enduring Understandings

**2.3 Drugs and Medicines**

**A. Medicines**

2.3.6.A.1[M] Compare and contrast short- and long-term effects and the potential for abuse of commonly used over-the-counter and prescription medicines and herbal and medicinal supplements.

2.3.6.A.2[M] Compare information found on over-the-counter and prescription medicines.

**B. Alcohol, Tobacco, and Other Drugs**

2.3.6.B.1[M] Explain the system of drug classification and why it is useful in preventing substance abuse.

## Resources

- *Too Good for Drugs* Lesson 6: Safe Use of Medicine