Unit 1-4D Alcohol, Tobacco, and other Drugs

Content Area: **P.E. & Health**
Course(s): **Health 5**
Time Period: **MP1-4**
Length: **Day 2**
Status: **Published**

Essential Questions

- How can drugs affect relationships?
- What are the effects of drugs on the human body?
- What are the health consequences of using drugs?

Big Ideas

- The use of alcohol, tobacco, and drugs may affect the user, family, and community members in negative ways and have unintended consequences.
- Drug misuse and abuse can affect one's relationship with friends, family, and community members in unhealthy ways.

Enduring Understandings

2.3.5.ATD.1: Identify products that contain alcohol, tobacco, and drugs and explain potential unhealthy effects (e.g., substance disorder, cancer).

2.3.5.ATD.2: Describe health concerns associated with e-cigarettes, vaping products, inhalants, alcohol, opioids and other drugs, and non-prescribed cannabis products.

2.3.5.ATD.3: Describe the behaviors of people who struggle with the use of alcohol and drugs and identify the type of assistance that is available.

Resources

- *Totally Awesome Health*, Macmillan/McGraw-Hill, grade 5 Unit 5

Lesson 19: Neatness: An Owner's Manual Lesson 20: Physical Activity

- *Totally Awesome Health,* Macmillan/McGraw-Hill, grade 5 Unit 3

  Lesson 13: Discovery Your Learning Style