

# Unit 1-4C Social and Sexual Health

Content Area: **P.E. & Health**  
Course(s): **Health 5**  
Time Period: **MP1-4**  
Length: **Day 1**  
Status: **Published**

## Essential Questions

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- What is the difference between sexual orientation and gender identity?
- How can you make everyone feel welcome?

## Big Ideas

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- All individuals should feel welcome and included regardless of their gender, gender expression, or sexual orientation.

## Enduring Understandings

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2.1.5.SSH.1: Describe gender-role stereotypes and their potential impact on self and others.

2.1.5.SSH.2: Differentiate between sexual orientation and gender identity.

2.1.5.SSH.3: Demonstrate ways to promote dignity and respect for all people (e.g. sexual orientation, gender identity and expression, race, ethnicity, socio-economic status, differing ability, immigration status, family configuration).

## Resources

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- <https://www.youtube.com/watch?v=Ulh0DnFUGsk>
- [https://www.getepic.com/book/82402872/jack-not-jackie?utm\\_source=t2t&utm\\_medium=link&utm\\_campaign=content&share=9904165042](https://www.getepic.com/book/82402872/jack-not-jackie?utm_source=t2t&utm_medium=link&utm_campaign=content&share=9904165042)
- Pink is For Boys by Robb Pearlman Illustrated by Eda Kaban

