Unit 2- Social and Sexual Health

Content Area: **P.E. & Health**
Course(s): **Health 4**
Time Period: **Marking Period 2**
Length: **Days 3**
Status: **Published**

Essential Questions

- How are family values similar and different?
- Why is it important to talk to someone you trust about your feelings?
- What is the difference between healthy and unhealthy relationships?
- How do you know if someone is showing unhealthy relationship behaviors?

Big Ideas

- Family members impact the development of their children physically, socially and emotionally.
- People in healthy relationships share thoughts and feelings, as well as mutual respect.

Sexual Prevention- Erin's Law

Erin's Law

Activity:

Students will complete the Suite 360 lesson "Branches of Your Family Tree"

Enduring Understandings

2.1.5.SSH.4: Describe how families can share common values, offer emotional support, and set boundaries and limits.

2.1.5.SSH.5: Explain the importance of communication with family members, caregivers and other trusted adults about a variety of topics.

2.1.5.SSH.6: Describe the characteristics of healthy versus unhealthy relationships among friends and with

family members.

2.1.5.SSH.7: Define teasing, harassment and bullying and provide examples of inappropriate behaviors that are harmful to others.

Resources

- Brain Pop Conflict Resolution: https://jr.brainpop.com/health/feelings/conflictresolution/
- Brain Pop Conflict Bullying: https://jr.brainpop.com/health/feelings/bullying/
- GetEpic Family Values: https://www.getepic.com/book/79609818/our-values-different-families?utm_source=t2t&utm_medium=link&utm_campaign=content&share=9904165042
- Brain Pop Empathy:https://jr.brainpop.com/health/feelings/empathy/