

Unit 3 Safety

Content Area: **P.E. & Health**
Course(s): **Health 3**
Time Period: **Marking Period 3**
Length: **3 days**
Status: **Published**

Essential Questions

- How can I prevent myself from injury?
- What is first aid?
- How can I stay safe while traveling in a car or transportation?
- How can I communicate safely and appropriately on social media?
- What can I do if I feel unsafe in a situation with another person?

Big Ideas

- Safety includes being aware of the environment and understanding how certain situations could lead to injury or illness.
- There are strategies that individuals can use to communicate safely in an online environment.
- Children who practice setting healthy boundaries know how to say no and what to do when they feel uncomfortable or find themselves in unsafe situations.

Firearm Safety

Lesson Plan: Gun Safety

Third Grade

NJSLS 2.3.5.PS.1

Develop strategies to reduce the risk of injuries at home, school, and in the community.

Duration: 30-45 minutes

Objectives:

1. Students will understand the dangers of mishandling firearms.
2. Students will learn about gun safety rules.
3. Students will learn how to respond in situations where they encounter a gun.

Materials: • Smart tv• PowerPoint-Slides 'Third Grade Gun Safety Lesson.'

Method:

1. Deliver instruction with PowerPoint linked [here](#)
 - a. People who own guns
 - b. Gun Safety Rules
 - i. Recite Response of what to do should they find themselves in the presence of a gun.
2. Watch McGruff Video on Gun Safety: [Not Cool, Kyle](#)
 - a. Answer questions pertaining to video.
3. Movement Game
 - a. Circle chant hand game
4. Puzzle Game
 - a. Finish Words by filling in the blanks
5. Role Play exercise: Practice what to do in a scenario
 - i. A friend brings a gun to school and shows it to you. How do you respond?
 - ii. A friend or relative wants to show you their parent's gun. How do you respond?
6. Discuss Take-home Letter about gun safety and storage.

Enduring Understandings

2.3.5.PS.1: Develop strategies to reduce the risk of injuries at home, school, and in the community.

2.3.5.PS.2: Demonstrate first aid procedures for choking, bleeding, burns, poisoning, and stroke (F.A.S.T.).

2.3.5.PS.3: Examine the impact of unsafe behaviors when traveling in motor vehicles and when using other modes of transportation.

2.3.5.PS.4: Develop strategies to safely communicate through digital media with respect.

2.3.5.PS.5: Communicate personal boundaries and demonstrate ways to respect other people's personal boundaries.

2.3.5.PS.6: Identify strategies a person could use to call attention to or leave an uncomfortable or dangerous situation, including bullying, teasing, teen dating violence, sexual harassment, sexual assault, and sexual abuse.

Resources

- Epic books: <https://www.getepic.com/book/87460144/safety-for-kids-first-aid->

[safety?utm_source=t2t&utm_medium=link&utm_campaign=content&share=9904165042](https://www.getepic.com/book/59034098/social-media-and-the-internet?utm_source=t2t&utm_medium=link&utm_campaign=content&share=9904165042)

- https://www.getepic.com/book/59034098/social-media-and-the-internet?utm_source=t2t&utm_medium=link&utm_campaign=content&share=9904165042
- Setting Boundaries: <https://www.youtube.com/watch?v=XFAEeOd3H9k>
- Great Body Shop: Magazine titled I Like Your Attitude
- Great Body Shop: Magazine titled My Family Your Family
- Great Body Shop: Magazine titled Saying No to Smoking, Drinking, and Drugs