Unit 3 Safety

Content Area: **P.E. & Health**
Course(s): **Health 3**
Time Period: **Marking Period 3**
Length: **3 days**
Status: **Published**

Essential Questions

- How can I prevent myself from injury?
- What is first aid?
- How can I stay safe while traveling in a car or transportation?
- How can I communicate safely and appropriately on social media?
- What can I do if I feel unsafe in a situation with another person?

Big Ideas

- Safety includes being aware of the environment and understanding how certain situations could lead to injury or illness.
- There are strategies that individuals can use to communicate safely in an online environment.
- Children who practice setting healthy boundaries know how to say no and what to do when they feel uncomfortable or find themselves in unsafe situations.

Firearm Safety

Lesson Plan: Gun Safety
Third Grade
NJSLS 2.3.5.PS.1
Develop strategies to reduce the risk of injuries at home, school, and in the community.

Duration: 30-45 minutes
Objectives:

1. Students will understand the dangers of mishandling firearms.

2. Students will learn about gun safety rules.

3. Students will learn how to respond in situations where they encounter a gun.

Materials: • Smart tv• PowerPoint-Slides 'Third Grade Gun Safety Lesson.'

Method:

1. Deliver instruction with PowerPoint linked here
    a. People who own guns
    b. Gun Safety Rules
        i. Recite Response of what to do should they find themselves in the presence of a gun.
2. Watch McGruff Video on Gun Safety: Not Cool, Kyle
    a. Answer questions pertaining to video.
3. Movement Game
    a. Circle chant hand game
4. Puzzle Game
    a. Finish Words by filling in the blanks
5. Role Play exercise: Practice what to do in a scenario
        i. A friend brings a gun to school and shows it to you. How do you respond?
        ii. A friend or relative wants to show you their parent's gun. How do you respond?
6. Discuss Take-home Letter about gun safety and storage.

Enduring Understandings

2.3.5.PS.1: Develop strategies to reduce the risk of injuries at home, school, and in the community.

2.3.5.PS.2: Demonstrate first aid procedures for choking, bleeding, burns, poisoning, and stroke (F.A.S.T.).

2.3.5.PS.3: Examine the impact of unsafe behaviors when traveling in motor vehicles and when using other modes of transportation.

2.3.5.PS.4: Develop strategies to safely communicate through digital media with respect.

2.3.5.PS.5: Communicate personal boundaries and demonstrate ways to respect other people's personal boundaries.

2.3.5.PS.6: Identify strategies a person could use to call attention to or leave an uncomfortable or dangerous situation, including bullying, teasing, teen dating violence, sexual harassment, sexual assault, and sexual abuse.

Resources

- **Epic books: https://www.getepic.com/book/87460144/safety-for-kids-first-aid-**

safety?utm_source=t2t&utm_medium=link&utm_campaign=content&share=9904165042

- https://www.getepic.com/book/59034098/social-media-and-the-internet?utm_source=t2t&utm_medium=link&utm_campaign=content&share=9904165042
- Setting Boundaries: https://www.youtube.com/watch?v=XFAEeOd3H9k
- Great Body Shop: Magazine titled I Like Your Attitude
- Great Body Shop: Magazine titled My Family Your Family
- Great Body Shop: Magazine titled Saying No to Smoking, Drinking, and Drugs