# Unit 4- Dependency, Substances Disorder and Treatment

Content Area: **P.E. & Health**
Course(s): **Health 2**
Time Period: **Marking Period 4**
Length: **3 days**
Status: **Published**

## Essential Questions

- What is substance abuse? What causes substance abuse?
- How can one get help for substance abuse problems?

## Big Ideas

- Substance abuse is caused by a variety of factors.
- There are many ways to obtain help for treatment of alcohol, tobacco, and other substance abuse problems.

## Enduring Understandings

2.3.2.DSDT.1: Recognize that some people may have difficulty controlling their use of alcohol, tobacco, and other drugs.

2.3.2.DSDT.2: Explain that individuals who abuse alcohol, tobacco, and other drugs can get help.

## Resources

- **Understanding substance abuse**
- Great Body Shop: Magazine titled Drugs are Dangerous