Unit 1- Alcohol, Tobacco, Drugs and Firearm Safety

Content Area: **P.E. & Health**
Course(s): **Health 2**
Time Period: **Marking Period 1**
Length: **3 Days**
Status: **Published**

Essential Questions

- What is a medicine, what is the difference between a prescription medicine and over the counter medicine?
- What are the effects of tobacco on personal hygiene, and health?

Big Ideas

- The use of alcohol, tobacco, and other drugs in unsafe ways is harmful to one's health.

Firearm Safety

Lesson Plan: Gun Safety
Second Grade
2.3.2.PS.2 Discuss healthy and safe choices both indoor and outdoors (e.g., using equipment, wearing bike helmets, vehicle, water, weather safety).
2.3.2.PS.3 Recognize and demonstrate safety strategies to prevent injuries at home, school, in the community (e.g., traffic safety, bicycle/scooter safety, fire safety, poison safety, accident prevention)

Duration: 30-45 minutes
Objectives:

1. Students will be introduced to who has guns.

2. Students will understand the dangers of mishandling firearms.

3. Students will learn about gun safety rules.

4. Students will learn how to respond in situations where they encounter a gun.

5. Students will perform role plays involving situations where someone is trying to show them a gun.

6. Take-Home Letter about gun safety and storage.

Materials: • Smart tv• PowerPoint-Slides ‘Second Grade Gun Safety Lesson.’

Method:

1. Deliver Instruction with PowerPoint linked here
    a. People who own guns
    b. Gun Safety Rules
        i. Recite Response of what to do should they find themselves in the presence of a gun.
2. Watch McGruff Video on Gun Safety: Not Cool, Kyle
    a. Answer questions pertaining to video.
3. Movement Game
    a. Circle chant hand game
4. Puzzle Game
    a. Finish Words by filling in the blanks
5. Role Play exercise: Practice what to do in a scenario
        i. A friend brings a gun to school and shows it to you. How do you respond?
        ii. A friend or relative wants to show you their parent’s gun. How do you respond?
6. Discuss Take-Home Letter about gun safety and storage.

Enduring Understandings

2.3.2.ATD.1: Explain what medicines are, how they are used, and the importance of utilizing medications properly.

2.3.2.ATD.2: Identify ways in which drugs, including some medicines, can be harmful.

2.3.2.ATD.3: Explain effects of tobacco use on personal hygiene, health, and safety

Resources

- Kidshealth.org Effects of Tobacco use
- Medicine For kids, Prescription and OTC
- BrainPop JR. Smoking: https://jr.brainpop.com/health/drugs/smoking/
- BrainPop Jr. Medicine: https://jr.brainpop.com/health/drugs/medicine/
- The Great Body Shop: Your Heart-Small but Strong

- Great Body Shop: Magazine titled How You Think

Great Body Shop: Magazine titled Drugs are Dangerous