Unit 3 Personal Safety

Content Area: **P.E. & Health**
Course(s): **Health 1**
Time Period: **Marking Period 3**
Length: **MP3**
Status: **Published**

Essential Questions

- Who is an adult I trust?
- How can I be safe when playing outdoor activities?
- What are personal boundaries?

Big Ideas

- The environment can impact personal health and safety in different ways.
- Potential hazards exist in personal space, in the school, in the community, and globally.
- Any time children feel uncomfortable or in an unsafe situation, they should reach out to a trusted adult for help.

Firearm Safety

Lesson Plan: Gun Safety
First Grade
NJSLS
2.3.2.PS.2 Discuss healthy and safe choices both indoor and outdoors (e.g., using equipment, wearing bike helmets, vehicle, water, weather safety).
2.3.2.PS.3 Recognize and demonstrate safety strategies to prevent injuries at home, school, in the community (e.g., traffic safety, bicycle/scooter safety, fire safety, poison safety, accident prevention)

Duration: 30-45 minutes
Objectives:

1. Students will be introduced to the idea that some people own guns for various reasons.

2. Students will learn about gun safety rules.

3. Students will learn how to respond in situations where they encounter a gun.

4. Students will role play what to do if they encounter a gun.

5. Take-Home Letter about gun safety and storage.

Materials: • Smart tv• PowerPoint-Slides 'First Grade Gun Safety Lesson.'

Method:

1. Deliver instruction with PowerPoint linked here
    a. People who own guns
    b. Gun Safety Rules
        i. Recite Response of what to do should they find themselves in the presence of a gun.

2. Watch McGruff Video on Gun Safety: Molly's Mischief

    a. Answer questions pertaining to video.

1. Movement Game
    a. Circle chant dance game
2. Puzzle Game
    a. Put Gun Safety Rules in correct order
3. Role Play exercise: Practice what to do in a scenario
        i. You see a gun; how do you respond?
        ii. You know where a gun is kept. What do you do?
4. Discuss Take-Home Letter about gun safety and storage

Safe Touch

Erin's Law

Students will watch the following two videos and have a discussion about stranger safety and unsafe touches.

https://www.youtube.com/watch?v=SY7RhBszp0k

https://www.youtube.com/watch?v=zNTUMNKSNwk

Enduring Understandings

2.3.2.PS.1: Demonstrate personal habits and behaviors that contribute to keeping oneself and others healthy and the environment clean and safe.

2.3.2.PS.2: Discuss healthy and safe choices both indoors and outdoors (e.g., using equipment, wearing bike helmets, vehicle, water, weather safety).

2.3.2. PS.3: Recognize and demonstrate safety strategies to prevent injuries at home, school, in the community

(e.g., traffic safety, bicycle/scooter safety, fire safety, poison safety, accident prevention).

2.3.2. PS.4: Develop an awareness of warning symbols and their meaning (e.g., red light, stop sign, poison symbol).

2.3.2.PS.5: Define bodily autonomy and personal boundaries.

2.3.2.PS.6: Demonstrate how to communicate personal boundaries and show respect for someone else's personal boundaries including friends and family.

2.3.2.PS.7: Identify behaviors that would be considered child abuse (e.g., emotional, physical, sexual).

2.3.2.PS.8: Identify trusted adults, including family members, caregivers, and school staff, that you can talk to about situations which may be uncomfortable or dangerous (e.g., bullying, teasing, child sexual abuse).

Resources

- **Safe Touch: https://www.youtube.com/watch?v=zNTUMNKSNwk**
- Personal Space: https://www.youtube.com/watch?v=tCp8umO_JGM
- Brainpop Jr. Safety Signs: https://www.youtube.com/watch?v=l5PAnE2Soxg
- Great Body Shop: Magazine titled Look Out
- Great Body Shop: Magazine titled Head to Toe
- Great Body Shop: Magazine titled Why Do We Eat
- Great Body Shop: Magazine titled All About Medicines
- Great Body Shop: Magazine titled Drugs are Trouble
- Great Body Shop: Magazine titled Get Well Soon
- Great Body Shop: Magazine titled How I Breathe