# **K-ABA Social Emotional Learning**

Content Area: Social Emotional Learning
Course(s): Social Emotional Learning

Time Period: MP1-4
Length: MP1-4
Status: Published

## **Big Ideas**

- Emotions identification and corresponding vocabulary
- Supporting the categorization of feelings and actions by color zones (Zones of Regulation)
- Managing strong emotions and increasing self regulation and problem solving skills
- Augmentative and Adaptive Communication (AAC)-provide alternative methods of low and high tech modalities of communication to facilitate self-expression and social interaction in a variety of settings.
- Peer Interaction and Play Skills-Sharing, Eye Contact, Conversation exchange, Games, Turn taking
- Using Visual Activity Schedules to support receptive language and foster independence: Visual/Spatial processing, comprehension, attending, waiting and transitioning skills.

# **Technology Integration**

8.1.2.E.1 Use digital tools and online resources to explore a problem or issue.

# **Cross-Curricular Integration**

#### Language Arts

RL.K.3 With prompting and support, identify characters, settings, and major events in a story

RF.K.2 Demonstrate understanding of spoken words, syllables, and sounds (phonemes).

#### **Literacy Connections for Kindergarten**

Pete the Cat and his Magic Sunglasses

The Color Monster

I'm not Just A Scribble

A Little Spot Books

## **Enduring Understandings**

- 0.1.P.A.3 Actively engage in activities and interactions with teachers and peers.
- 0.2.P.A.3 Move through classroom routines and activities with minimal teacher direction and transition easily from one activity to the next.
- 0.2.P.A.4 Attend to tasks for a period of time.
- 0.3.P.A.1 Recognize and describe a wide range of feelings, including sadness, anger, fear, and happiness.
- 0.3.P.A.3 Channel impulses and negative feelings, such as anger (e.g., taking three deep breaths, using calming words, pulling self out of play to go to "safe spot" to relax, expressive activities).
- 0.4.P.A.1 Engage appropriately with peers and teachers in classroom activities.
- 0.4.P.A.2 Demonstrate socially acceptable behavior for teachers and peers.
- 0.5.P.A.1 Play independently and cooperatively in pairs and small groups.
- 0.5.P.A.4 Take turns.
- 0.5.P.A.5 Demonstrate understanding the concept of sharing by attempting to share.

#### **Resources**

Zones of Regulation Materials

ChooseItmaker3

**Emotions Photo Library** 

**Boom Learning Cards** 

Pete the Cat and his Magic Sunglasses

The Color Monster

I'm not Just A Scribble

A Little Spot Books