2.5.6.C.3

Give me an example of a game, sport, or dance from a specific culture. Then, explain how the origin and rules relate to that culture.

2.5.6.A.2

The following checklist will be used to assess the students' demonstration of control while modifying force, flow, time and space during tag games.

Name	Force	Flow	Time	Space

2.6.6.A.1, 2.6.6.A.4, 2.6.6.A.5, 2.6.6.A.6, 2.6.6.A.7

Regular physical exercise offers many benefits.	Explain how the following might be affected
Social –	
Emotional –	
Health —	
How might the following impact one's personal	fitness?
Health status –	
Interests –	
Environmental conditions —	
Available time –	
Physical activity –	
Healthy eating —	

Explain how the following principles can be used to improve personal fitness:
Frequency-
Intensity –
Time —
Type —
You have learned that anabolic steroids are dangerous drugs used by so many athletes to gain an edge over the competition. Identify the short-term and long-term effects of this drug.
Short-term –
Long-term -

2.6.6.A.3

Joyce Kilmer School

APRIL 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Fri
					1
3	4	5	6	7	8
10	11	12	13	14	15
17	18	19	20	21	22
24	25	26	27	28	29
		Students will use this calendar to develop a			
		fitness plan for the month	•		

2.5.6.A.1

This checklist will be used to evaluate the students' movement skills during the "Cha-Cha Slide".

Name	Yes	No
	and the state of t	
		1 1 100 = 1000 1000

2.5.6.C.1, 2.5.6.C.2

Explain the responsibility	ties of players and o	observers during	an athletic	event to	ensure
sportsmanship-like beh	avior.				

Players -

Observers –

Give me an example of good sportsmanship during a game or activity.

How does following the rules and procedures of a game or activity enhance participation and safety?