

## 7th Grade Health Test

Name\_\_\_\_\_

Date\_\_\_\_\_

1. Why should you obey the law and respect authority?
  - A. So you don't ruin your future
  - B. To keep yourself out of jail
  - C. To avoid having a record
  - D. All of the above
2. Which of the following are types of abuse?
  - A. Physical
  - B. Emotional
  - C. Verbal
  - D. All of the above
3. The following are all anger management skills except:
  - A. Count to ten
  - B. Walk away from the situation
  - C. Violence
  - D. Use an I-message
4. What chemical in tobacco makes its so addicting?
  - A. Tar
  - B. Nicotine
  - C. Carbon Monoxide
  - D. None of the above
5. Which of the following are Health risks associated with smoking?
  - A. Heart disease
  - B. Lung cancer
  - C. Stroke
  - D. All of the above
6. An example of domestic violence is?
  - A. Violence between friends
  - B. Violence between family members or a significant other
  - C. Violence towards animals
  - D. None of the above
7. Public establishments in New Jersey have banned smoking indoors.
  - A. True
  - B. False

8. There is no such thing as responsible drug use.
- A. True
  - B. False
9. Which is not an example of a type of tobacco.
- A. A Cigar
  - B. Vaping tobacco
  - C. Rubbing tobacco
  - D. Chewing tobacco
10. What makes vaping so addictive ?
- A. The nicotine
  - B. The smell
  - C. The way it is used
  - D. None of the above
11. What organ in the body does Cirrhosis damage?
- A. Liver
  - B. Heart
  - C. Kidney
  - D. Ears
12. What is the legal limit for driving while intoxicated ?
- A. .05
  - B. .08
  - C. .10
  - D. .01